

Fact Sheet: Swimming Lessons

What's new?

Baw Shire Council and YMCA are excited to re-introduce swimming lessons, commencing for Term 4 2016 in the soon to open \$14 million redeveloped Warragul Leisure Centre. The redeveloped Warragul Leisure Centre now includes:

- A new program pool perfect for swimming lessons.
- A new leisure pool with beach entry and play features like a mega soaker bucket and animal themed water features that the children will love.
- A new and larger warm water pool with accessible ramp.
- Refurbished 25m pool with accessible ramp.
- New 50m outdoor pool.
- Upgraded change facilities, including two new accessible family change rooms off the new leisure pool.
- New timber sprung floor and roof over the two court stadium.
- Group fitness classes, crèche and café.

Lesson Information

The YMCA Learn to Swim program offers qualified and experienced AUSTSWIM instructors teaching both swimming and water safety skills to all age groups:

Infants (from 6 months to 3 years)

A parent supports the child in the pool, while they learn to explore and become familiar with the water, and help build confidence. Children learn to control breathing, floating, paddling and propulsion.

Pre-school (3 years to school age)

Children grow in confidence and become more independent in the water. Parents are gradually transitioned out of the pool and children start to participate on their own. Children start to learn swimming strokes.

School Aged

With an increase in confidence, competence and endurance, children establish a lifelong appreciation for safer activity in the water. The primary program focuses on refinement of swimming stroke techniques, safety and survival skills, and respect for the water.

Squad

Suitable for both children and adults seeking to extend their swimming abilities.

Private one-on-one lessons

Suitable for all ages, private lessons provide a unique and tailored learning environment to maximise your development.

Special needs classes

Qualified and experienced Special Needs Swimming Instructors teach adults and children of all abilities to progress at their own pace.

Lessons will run across the new program pool and 25 meter indoor pool. For more information on lesson days and times, please contact the Warragul Leisure Centre.

Extra Benefits

Swimming lesson memberships also offer these additional benefits:

Infants and pre-schoolers:

- On the day of your child's lessons, the whole family is admitted to the centre free of charge so you can enjoy the experience together.
- At all other times, your child and the adult accompanying your child will receive free entry to all Baw Baw Shire pools.
- 10% discount on merchandise and in the café.

School age and squad:

- Enrolled member receives free entry at all Baw Baw Shire pools and a parent will receive free entry to supervise only.
- 10% discount on merchandise and in the café.

Baw Baw Shire pools include:

- Warragul Leisure Centre (entry excludes warm water pool)
- Drouin Outdoor Pool (open December to March)
- Neerim South Outdoor Pool (open December to March)
- Trafalgar Outdoor Pool (open December to March)
- Thorpdale Outdoor Pool (open December to March)
- Rawson Indoor Summer Pool (open December to March)

Membership Information

There is no start-up fee for swimming lessons. Membership payments are made via fortnightly direct debit. If an adult already holds a Warragul Leisure Centre membership, a 10% discount will apply for both the adult and the child membership.

Contact Us

To enrol or for more information, please contact the Warragul Leisure Centre on 5623 4017 or visit www.bawbaw.ymca.org.au