



Year 2 Actions

Being Healthy in Baw
Baw 2017 - 2021

Integrated Municipal Public Health
and Wellbeing Plan and Health
Promotion Funded Agencies Health
Promotion Plan

**BEING HEALTHY
IN BAW BAW
2017-2021**

Integrated Municipal Public Health
and Wellbeing Plan and Health
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Promotion Plan



This document sets out the actions that will be undertaken by partnering and Integrated Health Promotion funded organisations in the second year of the Integrated Municipal Public Health and Wellbeing Plan and Health Promotion Funded Agencies Health Promotion Plan 2017-2021, referred to as Being Healthy in Baw Baw 2017 - 2021.

It is a companion document to the strategic plan (pictured on front page) which can be downloaded from www.bawbawshire.vic.gov.au or viewed in hardcopy at a Council Service Centre. Visit Council's website for location details or call 03 5624 2411.

Contents

Acknowledgements	4
Introduction and Purpose	6
Acronyms	8
1: Improving Mental Health	9
2: Preventing Violence And Injury	9
3: Healthy Eating And Active Living.....	9
4: Reducing Harm From Gambling, Tobacco, Alcohol And Other Drugs.....	9
5: Leadership For A Healthy Baw Baw	9

Acknowledgements

Thank you to the adults, youth and children of Baw Baw communities who have shown interest in this plan, and have contributed their ideas, time and images.

We acknowledge and thank the Kurnai people who have helped to write this document. We acknowledge that the land that is currently known as Baw Baw Shire, is Kurnai Country and home to many First Nations people from many countries. We honour and pay respect to Kurnai Elders past and present, and all First Nations Elders who call this Country home.

Thank you to the Healthy Baw Baw Advisory Committee member organisations:

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Health and Human Services
- Gippsland Primary Health Network
- Gippsland Women's Health
- GippSport
- Kurnai Nations
- Latrobe Community Health Services
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- Victoria Police
- West Gippsland Healthcare Group



VICTORIA POLICE



Department of Health & Human Services

Thank you to other individuals and organisations currently associated with working groups:

- Individual Community Members
 - Anglicare Victoria
 - ASCO
 - Baw Baw Emergency Food Relief Network
 - Baw Baw Food Movement
 - Baw Baw Food Hub
 - Baw Baw Organics
 - Community College Gippsland
 - Department of Education and Training
 - Eastern Park Community Garden
 - Foodbank Victoria
 - Gardivalia
 - Gippsland Jersey
 - Growing Together Baw Baw
 - Honeypot Creative Solutions
 - Labertouche Men's Shed
 - Longwarry & District Lions Club
 - Longwarry Community Garden
 - Longwarry & District Lions Club
 - Neerim District Food Relief
 - Olivia's Place
 - Secondbite Victoria
 - St Vincent De Paul Drouin, Trafalgar & Warragul
 - Salvation Army Community Support Services
 - The Ice Meltdown Project
 - The Gazette
 - Warragul Farmers Market
 - Warragul Kids Farmers Market
 - Warragul & District Garden Club
 - West Gippsland Library
 - West Gippsland Healthcare Group
 - Westernport Catchment Landcare Network
 - Warragul Uniting Church
 - Warragul Community House
 - Wakefield, Vogrig and Boote Lawyers
 - Work Solutions
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Introduction and Purpose

This document you are reading is a companion document to the Integrated Municipal Public Health and Wellbeing Plan and Integrated Health Promotion Funded Agencies Health Promotion Plan referred to as Being Healthy in Baw Baw 2017 - 2021, the four year strategic plan (pictured below). Please refer to it as you read through this document.

The Year 2 Action Plan outlines the planned activities for the second period of the four-year strategic document.

Being Healthy in Baw Baw 2017 - 2021 sets out to protect, improve and promote public health and wellbeing within Baw Baw. It is a statutory requirement under the *Public Health and Wellbeing Act 2008* and is developed in partnership with many key organisations who play an important part in promoting public health in the community.



Integrated Health Promotion

Local Integrated Health Promotion funded organisations have integrated all prevention and health promotion planning into the Municipal Public Health and Wellbeing Plan for Baw Baw Shire. This includes the four year strategic plan and the subsequent annual action plans which are used to guide their health promotion activities annually.

Development and review of actions

Each year, an annual Actions Report is developed. In July 2019, the Year 2 Actions in this document will be reviewed and a report presented to Council no later than December.

This process will assist in the development of the Year 3 Action Plan.

More detail is included in the Being Healthy in Baw Baw 2017-2021 plan.

How to use this document

Read in conjunction with the Being Healthy in Baw Baw 2017-2021 plan. There are five broad themes:

1. Improve mental health

2. Preventing violence and injury
3. Healthy eating and active living
4. Reducing harm from gambling, tobacco, alcohol and other drugs
5. Leadership for a healthy Baw Baw

Altogether, there are twenty-six strategies. These can be found in the 'Actions' section of this document.

Setting directions and getting things done

The Healthy Baw Baw Advisory Committee to Council was created for the purpose of developing, monitoring, and reviewing the Being Healthy in Baw Baw 2017-21 plan. Its members are representatives of twelve organisations that have a strong interest in improving the health and wellbeing of residents and the community in Baw Baw Shire. See page 2 for a list of these partners.

Role of Partners

The Healthy Baw Baw Advisory Committee and MPHWP partners have the following roles and responsibilities to ensure the delivery of outcomes through the integrated partnership:

- Partnership facilitation – including the Healthy Baw Baw Advisory Committee and associated working groups.
- Evaluation plans – ensuring the collection of impact and outcomes measures for the work that is completed
- Delivery of projects / initiatives as listed in annual action plans
- Reporting to funding bodies, the Healthy Baw Baw Advisory Committee and the community
- Marketing – promoting what is being done, progress and success.

Need a document?

Council publications can be downloaded from Council's website at www.bawbawshire.vic.gov.au. Alternatively, you can view a copy at a Council Customer Service Centre. Locations of centres can be found on the website, or by calling (03) 5624 2411.

Acronyms

ASCO – Australian Community Support Organisation

BHBBAC – Being Healthy Baw Baw Advisory Committee

BBFM – Baw Baw Food Movement

BBSC – Baw Baw Shire Council

CWGPCP – Central West Gippsland Primary Care Partnership

DAC – Drouin Anglican Church

DET – Victorian Department of Education and Training

DHHS – Victorian Department of Health and Human Services

DV Vic – Domestic Violence Victoria

EFRN – Emergency Food Relief Network

GCASA – Gippsland Centre Against Sexual Assault

GP – General Practitioner

GPHN – Gippsland Primary Health Network

GWH – Gippsland Women’s Health

KN – Kurnai Nations

LCHS – Latrobe Community Health Services

LRH – Latrobe Regional Hospital

QSS – Quantum Support Services

RDAC – Ramahyuck District Aboriginal Corporation

VICPOL – Victoria Police

WGHG – West Gippsland Healthcare Group

WGRLC – West Gippsland Regional Library Corporation

YMCA – Young Men’s Christian Association

1: IMPROVING MENTAL HEALTH

INDICATOR: Increase mental wellbeing

LEADING AGENCIES

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Education and Training
- Gippsland Primary Health Network
- Kurnai Nations
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police
- YMCA

STRATEGIES How we will tackle it?			
1.1 Develop safer cultures to reduce stigma of mental health		SUCCESS LOOKS LIKE: People feel safe to talk about their mental health in the environment where they live, work, learn and play. People feel OK to get help early and it is clear where to go to and who can help	
LEAD	PARTNERS	ACTION	INDICATORS
VICPOL		1.1.1 Ensure the use of internal systems to monitor exposure of members to traumatic events providing early intervention to reduce the impacts on mental health.	<ul style="list-style-type: none"> • TBC
BBSC		1.1.2 Engage with Health @ Work to provide a monthly newsletter to BBSC staff on a range of topics including mental health	<ul style="list-style-type: none"> • # of newsletters • # of recipients
1.2 Build resilience		SUCCESS LOOKS LIKE: People do things to improve their mental health	
LEAD	PARTNERS	ACTION	INDICATORS
WGHC		1.2.1 Assist workplaces in Baw Baw to achieve the mental health and wellbeing benchmarks of the Achievement Program, where applicable	<ul style="list-style-type: none"> • # of new workplace registrations for the Achievement Program. • # of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace). • # of workplaces achieving the 'Recognition' phase of the Achievement Program (by priority area).
BBSC		1.2.2 Work with emergency response agencies and support providers to increase understanding of risk and build capacity of community, including vulnerable clients to plan and respond to shocks and stresses.	<ul style="list-style-type: none"> • Description of activities

BBSC		1.2.3 Work with communities to increase their understanding of risk, emergency preparedness and build their capacity to respond to shocks and stresses.	<ul style="list-style-type: none"> Description of activities
BBSC		1.2.4 Investigate opportunities to increase support service providers' understanding of the Vulnerable People in Emergencies Policy and the Vulnerable Persons Register, and action as appropriate.	<ul style="list-style-type: none"> Investigation complete Description of Activities
GPHN	ACSO	1.2.5 Provide continued support for family and carers of people misusing substances, information and training for community groups, support services, schools, and other professionals.	<ul style="list-style-type: none"> Occasions of service # of education sessions
1.3 Improve access to recreation opportunities and places for healthy connections		SUCCESS LOOKS LIKE: Public spaces and recreation opportunities are welcoming for people of different ages, cultures, genders and abilities	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		1.3.1 Investigate becoming a <i>Refugee Welcome Zone</i> .	<ul style="list-style-type: none"> Investigation complete Implementation of Council decision
BBSC	KN RDAC DAC WGRLC VICPOL Others	1.3.2 Develop and deliver activities during National Reconciliation Week (NRW) (May 2019) that offer the whole community opportunities to deepen understanding of issues that currently affect Aboriginal people, and build unity.	<ul style="list-style-type: none"> # of events
BBSC	Volunteers	1.3.3 Review community bus program to ensure program meeting user needs and maximising bus usage	<ul style="list-style-type: none"> User survey conducted 2019 bus schedule developed

BBSC		1.3.4 Support eligible residents to transition to the National Disability Insurance Scheme (NDIS)	<ul style="list-style-type: none"> • # of people transitioned to NDIS within LGA
RDAC	KN, BBSC, WGRLC, DAC, WGHG, VICPOL, Others	1.3.5 Coordinate a program of NAIDOC Week activities that are available for the community to participate in (to be delivered in July 2019).	<ul style="list-style-type: none"> • Program developed • # of events
BBSC		1.3.6 Deliver the upgrade project to West Gippsland Arts Centre	<ul style="list-style-type: none"> • Project completed
KN		1.3.7 Encourage non-aboriginal organisations to commit to developing a Reconciliation Action Plan (in line with Recommendation 1, Six Generations of Yarning report)	<ul style="list-style-type: none"> • Conversations held with organisations to progress this work
YMCA		1.3.8 Implement a Buddy Program using current customers/members to support better access for people experiencing mental illness.	<ul style="list-style-type: none"> • # of buddies recruited • # of mentoring relationships • % increase/decrease of visits
BBSC		1.3.9 Progress the Drouin Civic Park Playground upgrade	<ul style="list-style-type: none"> • Implementation underway • Description of plan implementation
BBSC		1.3.10 Commence implementation of the Masterplan for Brooker Park, Warragul	<ul style="list-style-type: none"> • Implementation commenced • Description of implementation
BBSC		1.3.11 Develop a strategy for community hubs and precincts in the municipality	<ul style="list-style-type: none"> • Engagement Plan complete • Draft Community Hub Strategy complete • Co-Design process initiated
BBSC		1.3.12 COUNCIL PLAN ACTION: Adopt and implement the BBSC Youth Strategy	<ul style="list-style-type: none"> • # of actions implemented
BBSC		1.3.13 Conduct an evaluation of the Audience Development Plan and develop a new plan for 2018/2019.	<ul style="list-style-type: none"> • Evaluation completed • New plan developed
BBSC		1.3.14 Deliver 4 programs to activate new open spaces and 3 events in outer Baw Baw townships which encourage diverse	<ul style="list-style-type: none"> • # of programs/event • # of attendees • Evaluation of events

		audiences to engage with Arts and Culture program.	
BBSC	VICPOL QSS	1.3.15 Investigate the development of a policy that supports people who are homeless and are pet owners, and guides responses by Council staff.	<ul style="list-style-type: none"> TBC
1.4 Promote resources and services that support mental health		SUCCESS LOOKS LIKE: People know at least one resource or service that can help with a mental health concern	
LEAD	PARTNERS	ACTION	INDICATORS
VICPOL		1.4.1 Ensure & encourage Referrals via VPeR system where appropriate to provide a pathway for assistance with mental health issues.	<ul style="list-style-type: none"> TBC
WGRLC		1.4.2 Deliver information sessions for people experiencing mental illness (or their carers) during Mental Health week that inform the community about resources and services they can access under the NDIS.	<ul style="list-style-type: none"> # of information sessions # of attendees
YMCA	Beyond Blue	1.4.3 Deliver a free Mental Health forum to the community	<ul style="list-style-type: none"> Forum delivered # of attendees
QSS		1.4.4 Engage with local mental health organisations ensuring staff are well versed to be able to refer at risk and homeless clients.	<ul style="list-style-type: none"> # of meetings
1.5 Promote positive mental health		SUCCESS LOOKS LIKE: People create environments that make it easier to stay mentally well	
LEAD	PARTNERS	ACTION	INDICATORS
WGHG		1.5.1 Assist Early Learning Centres, Primary and Secondary schools to promote the health of 0-18-year-old children by achieving the mental health benchmarks of the Achievement Program.	<ul style="list-style-type: none"> # of times the first phase of the Achievement Program is completed (once per education setting). # of times the 'Recognition' phase of the Achievement

			<p>Program is completed (by priority area).</p> <ul style="list-style-type: none"> • # of education settings actively working towards recognition in identified priority area. • Description of activities.
1.6 Provide mental health services		SUCCESS LOOKS LIKE: People have access to mental health services that meet their needs	
LEAD	PARTNERS	ACTION	INDICATORS
LCHS	GPHN	1.6.1 Deliver mental health services to young Baw Baw residents through Headspace.	<ul style="list-style-type: none"> • Description of activities
GPHN	LRH GP practices Private providers Victorian Counselling and Psychological Services	1.6.2 Continue to provide mental health services for under serviced groups including NDIS transition, suicide prevention, mental health nurses working in general practice and access to psychological therapies.	<ul style="list-style-type: none"> • Occasions of service • # of education sessions
GPHN	WGHG	1.6.3 Deliver Gippsland Health Pathways programs to a range of health services and providers and promote the Gippsland Health Pathways website for local Health professional's use.	<ul style="list-style-type: none"> • # of pathways localised for mental health
GPHN	DET GP Practices DHHS	1.6.4 Deliver the GPs in Schools program	<ul style="list-style-type: none"> • Occasions of service
GPHN	Beyond Blue Interchange Butterfly Foundation Developing Minds	1.6.5 Deliver new services: low intensity mental health services for children (Calm Kids Central), perinatal support (New Access for women and families), and eating disorders in youth services	<ul style="list-style-type: none"> • Occasions of service

2: PREVENTING VIOLENCE AND INJURY

INDICATOR: Reduce the prevalence and impact of family violence

LEADING AGENCIES

- Baw Baw Shire Council
- Gippsland Women's Health
- GippSport
- Kurnai Nations
- Quantum Support Services
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES How we will tackle it?			
2.1 Build gender equity in organisations and the community		SUCCESS LOOKS LIKE: Organisations and community understand gender equity, and actively improve their environment	
LEAD	PARTNERS	ACTION	INDICATORS
Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.1.1 Convene the Our Watch Our Issue Working Group to drive and collaborate on actions which prevent violence against women and promote gender equality in Baw Baw	<ul style="list-style-type: none"> • # of meetings • # of partner orgs/members in working group
Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.1.2 Develop new and strengthen existing partnerships that collaborate to prevent men's violence against women	<ul style="list-style-type: none"> • # of new members/partners OWOI working group
GWH	Being Healthy Baw Baw Advisory Committee	2.1.3 Seek input from the Being Healthy Baw Baw Advisory Committee to assist in the development of a Gippsland Gender Equity Report and subsequent sub regional plan.	<ul style="list-style-type: none"> • Advisory Committee consulted with and Report scope drafted
GippSport	GCASA	2.1.4 Work with partners to investigate the ongoing delivery and sustainability of Orange Round and action as appropriate	<ul style="list-style-type: none"> • Investigation complete • # of sporting clubs participating in Orange Round • Description of activities undertaken
GWH	Being Healthy Baw Baw Advisory Committee	2.1.5 Deliver a facilitated briefing workshop to the Advisory Committee to establish a greater awareness and understanding of gender equality and family violence.	<ul style="list-style-type: none"> • One briefing workshop delivered

VICPOL		2.1.6 Vic Police continues to enhance gender equity in policing via recruitment at organisational level.	<ul style="list-style-type: none"> TBC
VICPOL		2.1.7 Vic Police engage in online training as part of their operational requirements which includes Family Violence updates and information on gender equality	<ul style="list-style-type: none"> TBC
GWH	Advisory organisations, OWOI	2.1.8 In collaboration with the BHBBAC, plan and implement one PVAW Community of Practice to improve community and organisational capability and capacity to understand the drivers of FV and primary prevention.	<ul style="list-style-type: none"> One of CoP established 50% of workers attending
BBSC GippSport		2.1.9 Support and encourage sporting clubs to consider gender equality in their operations in line with Safe and Strong, Victoria's Gender Equality Strategy including the development of sporting participation plans.	<ul style="list-style-type: none"> # of participation plans developed
BBSC		2.1.10 Progress Council's Gender Equity Plan	<ul style="list-style-type: none"> # of meetngs
2.2 Promote information that helps people to reduce family violence where they live, learn, work and play		SUCCESS LOOKS LIKE: People understand what constitutes family violence, and have information to respond appropriately.	
LEAD	PARTNERS	ACTION	INDICATORS
GWH	Partners	2.2.1 GWH continues to maintain Make the Link & partner agencies utilize Make the Link content and resources.	<ul style="list-style-type: none"> Make the link website and social media is current and accessible. Partners access and utilization rates surveyed by MTL. One Success Case Scenario is produced in consultation with BHBBAC.

WGRLC		2.2.2 West Gippsland Libraries inform the community of free access to computers with internet and Wi-Fi and provide Make the Link resources and information on family violence within libraries.	<ul style="list-style-type: none"> • # of libraries providing Make The Link and FV information
GWH	OWOI	2.2.3 Provide expert advice and support to enable one PVAW activity (16 Days of Activism) to be delivered in Baw Baw by a partner organization.	<ul style="list-style-type: none"> • Advise and support is provided • PVAW activity is completed and evaluated.
Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.2.4 Deliver a White Ribbon Day community event and promote the 16 days of Activism campaign.	<ul style="list-style-type: none"> • Event held • # of events • # of participants
Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.2.5 Investigate opportunities and events to promote information about the prevention of men's violence against women and gender equality and act as appropriate.	<ul style="list-style-type: none"> • # of events • # of participants
VICPOL		2.2.6 Continue the work of the Baw Baw PSA Family Violence Unit, working closely with partnering agencies with a focus on recidivist offenders and repeat offenders.	<ul style="list-style-type: none"> • TBC
KN	Our Watch Our Issue working group GWH	2.2.7 Continue to Chair the <i>Inner Gippsland Preventing Family Violence in the Aboriginal Community Working Group</i> and provide information to the the <i>Baw Baw Our Watch Our Issue Working Group</i> .	<ul style="list-style-type: none"> • Meetings chaired • Feedback provided to Our Watch Our Issue working group
Our Watch Our Issue	KN	2.2.8 Work with the Aboriginal Community to offer Bystander Training.	<ul style="list-style-type: none"> • # of training sessions • # of participants
Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.2.9 Deliver Bystander Training to community members / groups as requested	<ul style="list-style-type: none"> • # of training sessions • # of participants
BBSC	GWH GippSport GCASA	2.2.10 Use Council's existing communication channels to promote existing campaigns, initiatives and	<ul style="list-style-type: none"> • Campaigns promoted

		programs which promote and support gender equality and women's participation in sport.	
2.3 Support the implementation of Child Safe Standards in organisations and the community.		SUCCESS LOOKS LIKE: Organisations and the community understand the Child Safe Standards and make changes to their environments to meet the standards.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		2.3.1 Implement the BBSC Child Safe Standards Action Plan	<ul style="list-style-type: none"> • # of actions implemented • Description of action plan implementation
BBSC		2.3.2 Deliver refresher training for all Council volunteers and updated Volunteer Handbook information outlining Child Safety Standards	<ul style="list-style-type: none"> • Volunteer handbook updated • # of trainings (added) • % of A&D volunteers undertaking refresher training
GippSport		2.3.3 Support sporting clubs to improve their response to the child safe training, by delivering training, and support to develop policy with participating clubs.	<ul style="list-style-type: none"> • # of clubs worked with to address the 2nd phase of standards implementation
WGRLC		2.3.4 Implement the seven Victorian Child safety standards throughout the organisation.	<ul style="list-style-type: none"> • # of standards implemented
BBSC		2.3.5 Ensure all new WGAC staff undertake child safe standards training and user groups are compliant and are aware of child safe standards and requirements	<ul style="list-style-type: none"> • # of staff trainings • % of new staff trained • Training & education provided to user groups (as appropriate)
2.4 Build capacity to meet the requirements of the Reportable Conduct Scheme.		SUCCESS LOOKS LIKE: Organisations and the community understand the Reportable Conduct Scheme and make changes to their environments to be compliant.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		2.4.1 Identify opportunities to support community groups in meeting the	<ul style="list-style-type: none"> • # of opportunities identified. • # of sessions delivered to community groups.

		requirements of the Child Safe Standards and the Reportable Conduct Scheme.	
2.5 Build capacity to prevent violence and injury.		SUCCESS LOOKS LIKE: People and organisations have more knowledge about what protects people from violence and injury, and what can increase the risks. People and organisations have the skills to increase protections and reduce risks.	
LEAD	PARTNERS	ACTION	INDICATORS
WGHG		2.5.1 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the safe environments benchmarks of the Achievement Program.	<ul style="list-style-type: none"> • # of times the first phase of the Achievement Program is completed (once per education setting). • # of times the 'Recognition' phase of the Achievement Program is completed (by priority area). • # of education settings actively working towards recognition in identified priority area. • Description of activities

3: HEALTHY EATING AND ACTIVE LIVING

INDICATOR: Increase healthy eating and active living

LEADING AGENCIES

- Baw Baw Shire Council
- Baw Baw Food Movement
- Central West Gippsland Primary Care Partnership
- Emergency Food Relief Network
- Ramahyuck District Aboriginal Corporation
- Secondbite
- West Gippsland Healthcare Group
- West Gippsland Libraries
- YMCA

STRATEGIES: How we will tackle it?

3.1 Reduce the consumption of sugary drinks.

SUCCESS LOOKS LIKE: The environment makes it easy for people to access and choose drinks that are not sugary.

LEAD	PARTNERS	ACTION	INDICATORS
RDAC		3.1.1 Promote the Rethink Your Sugary Drink campaign to people in Baw Baw #DrinkWaterUMob	<ul style="list-style-type: none"> • Benchmarks and targets achieved
WGHG	CWGPCP	3.1.2 Investigate whole-of-systems approaches to reducing sugary drink consumption in Baw Baw and action as required.	<ul style="list-style-type: none"> • Investigation complete • # of local initiatives targeting sugary drink consumption • Description of activities
YMCA		3.1.3 Implement the Healthy Food at the Y project in all seasonal pools in Baw Baw to reduce the number of sugary drinks available and improve the number of healthy food options.	<ul style="list-style-type: none"> • Benchmarks and targets achieved

3.2 Increase the consumption of healthy and nutritious food.

SUCCESS LOOKS LIKE: The environment makes it easy for people to learn about, access and choose healthy food options.

LEAD	PARTNERS	ACTION	INDICATORS
CWGPCP WGHG	BBSC	3.2.1 Support and strengthen community driven food initiatives and events which seek to increase consumption of healthy and nutritious foods	<ul style="list-style-type: none"> • # of BBFM meetings held • # of events held • # of attendees • # of BBFM newsletter subscribers • Description of activities
YMCA		3.2.2 Deliver nutrition education sessions facilitated by a trained nutritionist at the Warragul Leisure Centre	<ul style="list-style-type: none"> • # of sessions • # of attendees • # of topics covered
EFRN CWGPCP		3.2.3 Provide coordinated access to healthy and nutritious food for	<ul style="list-style-type: none"> • # of EFRN meetings • # of EFRN members • # of kg's of food relief distributed

		residents of Baw Baw who may be at risk of, or experiencing food insecurity	<ul style="list-style-type: none"> Description of activities
CWGPCP		3.2.4 Undertake food security research across Baw Baw, including the United States Department of Agriculture (USDA) Household Food Security Survey and Victorian Healthy Food Basket (VHFB) results for supermarkets.	<ul style="list-style-type: none"> Biannual USDA food security measures survey undertaken and results VHFB survey undertaken Systems mapping completed to understand and respond to food system complexities
BBSC	CWGPCP	3.2.5 Ensure healthy catering is included and promoted in the 2019 community development grant guidelines, application and scoring process	<ul style="list-style-type: none"> Healthy catering included in guidelines, application and scoring
3.3 Support a local food system that uses sustainable practices		SUCCESS LOOKS LIKE: More people and growers are interested in sustainable food production and food waste practices. People and growers have ways to build their knowledge and skills. People can get a good variety of locally grown food and can use places in their neighbourhood to grow food. People and growers choose to dispose of food waste responsibly.	
LEAD	PARTNERS	ACTION	INDICATORS
CWGPCP BBFM		3.3.1 Support and strengthen community led initiatives that help build a local food supply that uses sustainable farming, gardening and food production practices	<ul style="list-style-type: none"> # of BBFM actions implemented Description of activities/actions undertaken
BBSC		3.3.2 Promote and stimulate the uptake of the compost rebate scheme to support home composting.	<ul style="list-style-type: none"> # of rebates claimed Description of promotion activities
BBSC		3.3.3 Deliver a workshop, in partnership with Sustainability Victoria, which assists food businesses to reduce their refrigeration energy consumption and costs.	<ul style="list-style-type: none"> Workshop delivered # of participants

3.4 Connect food producers, suppliers and retailers with each other and Baw Baw residents.		SUCCESS LOOKS LIKE: People can get a good variety of locally grown fresh food.	
LEAD	PARTNERS	ACTION	INDICATORS
CWGPCP BBFM		3.4.1 Support initiatives that connect food producers, suppliers and retailers with each other and the Baw Baw Community	<ul style="list-style-type: none"> # of BBFM actions implemented Description of activities/actions undertaken
BBSC	CWGPCP	3.4.2 Explore opportunities to promote locally grown and made food.	<ul style="list-style-type: none"> # of promotional activities completed
3.5 Support and strengthen a food economy that increases the supply, availability and demand for locally produced food.		SUCCESS LOOKS LIKE: Food suppliers are confident that they can sell their products, and that there are skilled workers for their industry. People want to buy from local food suppliers and they have a convenient way to do this.	
LEAD	PARTNERS	ACTION	INDICATORS
CWGPCP BBFM		3.5.1 Support and strengthen community driven food initiatives which develop a local economy that increases supply, availability and demand for locally produced food.	<ul style="list-style-type: none"> # of BBFM actions implemented Description of activities/actions undertaken
BBSC	CWGPCP BBFM	3.5.2 Explore opportunities for promote farm gate sales and farm gate sale guidelines	<ul style="list-style-type: none"> # of promotional activities completed
BBSC	CWGPCP BBFM	3.5.3 Explore opportunities to promote Baw Baw as a food tourism destination	<ul style="list-style-type: none"> # of promotional activities completed
3.6 Improve access to active living programs, sport and active recreation, and community infrastructure.		SUCCESS LOOKS LIKE: It is easy for people with diverse needs to use community infrastructure and	

		participate in active living programs, sport and active recreation.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC	GippSport	3.6.1 Participate in Latrobe Valley Authority Major events and programs/outreach project to attract opportunities that benefit Baw Baw people and communities.	<ul style="list-style-type: none"> • # of meetings attended • # of events partnered on • # of event participants
WGRLC		3.6.2 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other active living programs.	<ul style="list-style-type: none"> • # of classes undertaken by community
BBSC	WGHG	3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.	<ul style="list-style-type: none"> • # of primary schools participating in Walk to School month. • # of children participating in Walk to School month. • Description of activities.
BBSC		3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw	<ul style="list-style-type: none"> • Length of pathways constructed
BBSC		3.6.5 Continue to monitor, maintain and, where needed, improve the accessibility of WGAC and its programs	<ul style="list-style-type: none"> • Description of work and activities undertaken
BBSC		3.6.6 Implement the Warragul CBD Streetscape Project	<ul style="list-style-type: none"> • Project implemented

BBSC	VicRoads	3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.	<ul style="list-style-type: none"> • Project completed
BBSC		3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park Masterplans.	<ul style="list-style-type: none"> • Implementation underway • Description of plan implementation
BBSC	GippSport	3.6.9 Deliver workshops to Section 86 Committees of Management that build capacity to improve accessibility.	<ul style="list-style-type: none"> • # of workshops • # of committees of management participating in workshop • # of attendees
BBSC		3.6.10 Adopt the Road Safety Strategy 2017-2022 and undertake Year 1 actions.	<ul style="list-style-type: none"> • # of actions implemented / underway
BBSC		3.6.11 Commence implementation of the Recreation Strategy Action Plan 2017-2027	<ul style="list-style-type: none"> • Implementation commenced • Description of action plan implementation
BBSC		3.6.12 Undertake review of the 2014 recreation reserve masterplans and the Stage 1 rural recreation master plans.	<ul style="list-style-type: none"> • Review is completed and endorsed by Council
WGHG		3.6.13 Support existing Heart Foundation walking groups across Baw Baw and implement new Heart Foundation walking groups on request to promote the health of Baw Baw residents across all age groups.	<ul style="list-style-type: none"> • # of Heart Foundation walking groups sustained. • # of Heart Foundation walking group participants.
GippSport		3.6.14 Implement the Sport & Recreation Victoria's Supporting Victorian Sport & Recreation Program within Baw Baw.	<ul style="list-style-type: none"> • # of clubs supported in Baw Baw • Level of workforce capacity as measured in GippSport impact tool

			<ul style="list-style-type: none"> Level of capacity of club volunteer workforce through provision of training & workshop opportunities
		3.6.15 Implement the VicHealth Regional Sport Program	<ul style="list-style-type: none"> # of new participation opportunities for women & girls # of new participation opportunities for 12-17 yr olds # of new social sport program for males over 30yrs
GippSport		3.6.16 Implement & promote the #GippyGirlsCan & VicHealth's #ThisGirlCanVIC campaign's in Baw Baw	<ul style="list-style-type: none"> Reach & engagement #'s of campaign
GippSport		3.6.17 Identify opportunities to strengthen and support current Deadly Sport Gippsland programs, activities and events.	<ul style="list-style-type: none"> Reach & engagement of Deadly Sport Gippsland online Resources promoting improved health for Aboriginal communities disseminated
BBSC		3.6.18 Implement the 2018-19 Aged and Disability Services Diversity Plan.	<ul style="list-style-type: none"> # of actions implemented Description of activities
3.7 Build people's capacity to eat healthy and be more active where we live, learn, work and play through healthy design, education and policy.		SUCCESS LOOKS LIKE: The environment makes it easy for people to behave in healthy ways. People act to encourage healthy eating and being active in their own environments, and for the people around them.	
LEAD	PARTNERS	ACTION	INDICATORS
CWGPCP BBSC		3.7.1 Integrate action on food security at a strategic planning level within BBSC using the 'Ten ways Local Government Can Act on Food Security' framework.	<ul style="list-style-type: none"> # of elements staff have committed to undertake and # of elements completed

WGHG		3.7.2 Assist workplaces in Baw Baw to achieve the physical activity and healthy eating benchmarks of the Achievement Program, if applicable	<ul style="list-style-type: none"> • # of new workplace registrations for the Achievement Program. • # of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace). • # of workplaces achieving the 'Recognition' phase of the Achievement Program (by priority area).
WGHG		3.7.3 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the healthy eating and oral health and physical activity and movement benchmarks of the Achievement Program.	<ul style="list-style-type: none"> • # of times the first phase of the Achievement Program is completed (once per education setting). • # of times the 'Recognition' phase of the Achievement Program is completed (by priority area). • # of education settings actively working towards recognition in identified priority area. • Description of activities.
BBSC		3.7.4 Implement 2018-19 Wellness and Reablement Plan to improve the client journey and outcomes	<ul style="list-style-type: none"> • # of plan actions implemented
BBSC		3.7.5 Install public seating where customer requests have suggested, and/or where masterplans indicate.	<ul style="list-style-type: none"> • # of seats installed • # of requests
WGHG		3.7.6 Investigate funding opportunities to support school garden and healthy eating programs, and action as appropriate	<ul style="list-style-type: none"> • Investigation complete • # of participants • # of active garden programs • Description of activities

WGHG		3.7.7 Investigate opportunities to work with local food businesses to encourage healthy options in line with the Healthy Choices guidelines and action as appropriate	<ul style="list-style-type: none">• Investigation complete• # of local food businesses promoting healthy choices• Description of activities
WGHG		3.7.8 Investigate innovative ways to engage new education settings in the Achievement Program and action as appropriate	<ul style="list-style-type: none">• # of Achievement Program presentations given to staff• Description of activities

4: REDUCING HARM FROM GAMBLING, TOBACCO, ALCOHOL AND OTHER DRUGS

INDICATOR: Reduce harmful alcohol and drug use.

LEADING AGENCIES

- Baw Baw Shire Council
- Berry Street
- GippSport
- Gippsland Primary Health Network
- Latrobe Community Health Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES: How we will tackle it?

4.1 Build the capacity of people and organisations to reduce harm from gambling.

SUCCESS LOOKS LIKE: People are supported to gamble responsibly, and feel that their environment helps them to avoid harm from gambling.

LEAD	PARTNERS	ACTION	INDICATORS
LCHS		4.1.1 Engage with GPs and other mental health service providers, EGM venues, secondary schools, youth based organisations, local government, community agencies and sporting clubs to educate and provide resources that help to prevent harm from gambling.	<ul style="list-style-type: none"> • # of education sessions delivered • Description of activities
LCHS		4.1.2 Encourage responsible gambling environments and practises with EGM Venues, secondary schools, youth based organisations, local government, community agencies, aboriginal communities and sporting clubs in EGM venues and the broader community.	<ul style="list-style-type: none"> • # EGM venues participating in Venue Support Program • # community education sessions delivered • # of participants
LCHS		4.1.3 Promote support services available for people experiencing gambling related harm at all education sessions delivered by Gambler's Help program.	<ul style="list-style-type: none"> • Description of activities
LCHS	GippSport	4.1.4 Implement Love the Game gambling-prevention initiatives in secondary schools and sporting clubs.	<ul style="list-style-type: none"> • # of schools and sporting clubs implementing Love The Game program • # of education sessions • # of participants

4.2 Support smoke-free living		SUCCESS LOOKS LIKE: People breathe smoke-free air in public places where children live and play, and where people dine. Workplaces have policies that support workers who smoke to reduce or quit, and protects the air quality for non-smokers.	
LEAD	PARTNERS	ACTION	INDICATORS
WGHG		4.2.1 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the tobacco, alcohol and other drugs benchmarks of the Achievement Program.	<ul style="list-style-type: none"> • # of times the first phase of the Achievement Program is completed (once per education setting). • # of times the 'Recognition' phase of the Achievement Program is completed (by priority area). • # of education settings actively working towards recognition in identified priority area. • Description of activities.
WGHG		4.2.2 Assist workplaces in Baw Baw to achieve smoking benchmarks of the Achievement Program if applicable	<ul style="list-style-type: none"> • # of new workplace registrations for the Achievement Program. • # of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace). • # of workplaces achieving the 'Recognition' phase of the Achievement Program (by priority area).
BBSC		4.2.3 Undertake the Public Health Inspection Program as contracted by MAV and DHHS to comply with legislative requirements, and submit any associated reports.	<ul style="list-style-type: none"> • # of investigations and reports
WGRLC		4.2.4 Promote community usage of 'Universal Classes' Data Base and	<ul style="list-style-type: none"> • # of classes undertaken by community

		course registration in How to quit smoking.	
GPHN	GP Practices WGHG	4.2.5 Ensure smoking cessation model supported by Health Pathways	<ul style="list-style-type: none"> # of referrals to QUIT
4.3 Build capacity in the safe use of alcohol where people live, learn work and socialise.		SUCCESS LOOKS LIKE: People are supported to use alcohol safely, and feel that their setting helps them to choose non-alcoholic drinks or use alcohol in safer amounts.	
LEAD	PARTNERS	ACTION	INDICATORS
VICPOL		4.3.1 Ensure & encourage Referrals via 'VPeR' system where appropriate to provide a pathway for assistance for people with alcohol issues.	<ul style="list-style-type: none"> TBC
VICPOL		4.3.2 Continue to encourage and support the Baw Baw Liquor Accord to ensure responsible service of alcohol in social environments.	<ul style="list-style-type: none"> TBC
WGHG		4.3.3 Assist workplaces in Baw Baw to achieve the alcohol and other drugs benchmarks of the Achievement Program if applicable	<ul style="list-style-type: none"> # of new workplace registrations for the Achievement Program. # of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace). # of workplaces achieving the 'Recognition' phase of the Achievement Program (by priority area).
Berry Street	BBSC, Healthy Baw Baw Advisory Committee, DET, BBLEN, ACSO & other partners	4.3.4 Work with partners to deliver the Communities That Care project.	<ul style="list-style-type: none"> Project action plan developed Project action plan implemented Description of activities # of community members and partners involved in project

GippSport		4.3.5 Implement Goodsports accreditation program for sporting clubs - ADF	<ul style="list-style-type: none"> # of accreditations in Baw Baw
QSS		4.3.6 Engage with local AOD organisations ensuring staff are well versed to be able to refer at risk and homeless clients.	<ul style="list-style-type: none"> # of meetings
4.4 Build capacity in the safe use of licit and illicit drug use where people live, learn, work and socialise.		SUCCESS LOOKS LIKE: People understand how to use legal drugs safely, and feel that their environment supports them to avoid using illicit drugs.	
LEAD	PARTNERS	ACTION	INDICATORS
GippSport AFL Gippsland		4.4.1 Support the ICE Forums (if funded)	<ul style="list-style-type: none"> # of clubs hosting forums
GPHN	YSAS	4.4.2 Provide support for schools and community organisations to talk about substance misuse, and support for young people to address their substance misuse	<ul style="list-style-type: none"> Occasions of service # of education sessions
LCHS		4.4.3 Provide support services to young people and their families in Baw Baw to support withdrawal, harm minimisation and support access to detox services.	<ul style="list-style-type: none"> Description of activities
LCHS		4.4.4 Provide education sessions for schools and community groups to increase awareness of substance misuse and support services available.	<ul style="list-style-type: none"> # of education sessions # of schools receiving education sessions # of participants
GPHN	WGHG	4.4.5 Ensure licit and illicit drug use pathways are supported by Health Pathways.	<ul style="list-style-type: none"> # of localised health pathways

LCHS	VICPOL BBSC	4.4.6 Apply for Local Drug Action Team (LDAT) funding for Baw Baw	<ul style="list-style-type: none">• Application is submitted
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5: LEADERSHIP FOR A HEALTHY BAW BAW

INDICATOR: Strengthen partnerships.

LEADING AGENCIES

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Health and Human Services
- GippSport
- Gippsland Primary Health Network
- Gippsland Women's Health
- Kurnai Nations
- Latrobe Community Health Services
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES: How we will tackle it?

5.1 Maintain or improve the provision of public health services and infrastructure.

SUCCESS LOOKS LIKE: People are confident that the food and water they consume, and their environment supports good health. People will have the same or better access to services and infrastructure that protects public health.

LEAD	PARTNERS	ACTION	INDICATORS
BBSC		5.1.1 Monitor food safety as legislated.	<ul style="list-style-type: none"> • All premises requiring inspection are inspected • # of samples submitted for analysis annually
BBSC		5.1.2 Build food safety knowledge with frequent sector communications and targeted presentations.	<ul style="list-style-type: none"> • # of sector communications / newsletters • # of presentations
BBSC		5.1.3 Investigate all reports of infectious disease	<ul style="list-style-type: none"> • State notified outbreaks investigated
BBSC		5.1.4 Manage identified environmental health risks in the Tarago and Tanjil water catchments through monitoring, reporting and establishing risk mitigation programs with partner organisations.	<ul style="list-style-type: none"> • Joint risk investigation completed • Mitigation programs in both Tarago and Tanjil catchment implemented
BBSC		5.1.5 Work with partner organisations to improve public health through installations of reticulated water and sewerage in BBSC towns not currently provided with these services.	<ul style="list-style-type: none"> • Investigations into the possibility of sewer for Noojee and Walhalla is progressed.

BBSC		5.1.6 Ensure our population is protected with immunisation rates across all cohorts exceeding Victorian averages	<ul style="list-style-type: none"> • % Immunisation rates for 0-12 months • % Immunisation rates for 0-18 months • % Immunisation rates for secondary aged children
BBSC		5.1.7 Resolve customer service requests that relate to environment (noise, asbestos, litter, hazardous substances, sharps).	<ul style="list-style-type: none"> • # of requests investigated and resolved
5.2 Secure funding for projects that support the objectives of the Baw Baw Public Health and Wellbeing Plan 2017-21		SUCCESS LOOKS LIKE: Organisations in Baw Baw successfully apply for funds that deliver projects that promote public health.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		5.2.1 Seek funding to support projects that improve community infrastructure that provides opportunities for active recreation.	<ul style="list-style-type: none"> • Description of work undertaken
5.3 Encourage leadership for prevention in health.		SUCCESS LOOKS LIKE: The committees, working groups and community work together for better health outcomes in Baw Baw.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		5.3.1 Improve communications between working groups and committee.	<ul style="list-style-type: none"> • # of reports from Working Group to Advisory Committee • # times Minutes are distributed to working group members.
CWGPCP	BBSC BBFM ERFN	5.3.2 Engage key stakeholders to be involved and sustain their involvement in the Baw Baw Food Security Coalition and its three working groups	<ul style="list-style-type: none"> • Results from Food Security Coalition Annual Reports to measure the collective impact of the food security coalition in Baw Baw

BBSC		5.3.3 Convene at least two internal network meeting of officers who support the Advisory Committees of Council.	<ul style="list-style-type: none"> • # of internal network meetings delivered • # of participants
WGHG		5.3.4 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the sexual health and wellbeing, and sun protection benchmarks of the Achievement Program.	<ul style="list-style-type: none"> • # of times the first phase of the Achievement Program is completed (once per education setting). • # of times the 'Recognition' phase of the Achievement Program is completed (by priority area). • # of education settings actively working towards recognition in identified priority area. • Description of activities.
WGHG		5.3.5 Assist West Gippsland Healthcare Group to become a health literate organisation, that prevents injury and improves health outcomes among patients of all age groups in Baw Baw.	<ul style="list-style-type: none"> • # of WGHG staff that have completed online Health Literacy training. • # of Health Literacy meetings attended
GippSport		5.3.6 Re-establish the Being Healthy in Baw Baw – Physical Activity Working Group	<ul style="list-style-type: none"> • Working group established • TOR agreed upon • Initial actions/measures of success identified
BBSC	WGHG CWGPCP	5.3.7 Convene and deliver a forum for working group members and Advisory Committee representatives to share information.	<ul style="list-style-type: none"> • Forum is held • # of working groups represented • # of Advisory Committee representatives participating • # of participants

5.4 Raise awareness of priority health prevention messages.		SUCCESS LOOKS LIKE: The community and organisations in Baw Baw receive clear and consistent messages that protect, promote and improve health, and align with the objectives of this Plan and the Achievement Program.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		5.4.1 Establish a communication working group to develop media content and manage the Being Healthy in Baw Baw Facebook Page.	<ul style="list-style-type: none"> • Working group is established • # of media releases issued by BBSC on prevention in health topics • # of Facebook page likes
BBSC		5.4.3 Investigate a local provider to provide education sessions to BBSC staff on identified health and wellbeing topics and action as appropriate	<ul style="list-style-type: none"> • Investigation complete • # of sessions • # of attendees • Review of evaluation forms