

**Triple P - Positive Parenting Program**

**Do you have children aged 2-5 years?**

Come along to a free, relaxed and informal three-part series of seminars that provide you with practical advice and tips on becoming a more positive, confident parent. You can choose to come to one, or all!

These seminars will cover a variety of parenting topics, understanding children’s behaviour and provide advice about raising confident, competent and resilient children.

**Thorpdale –** Thorpdale Primary School, Robinson Street, Thorpdale

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| **Date** | **Seminar topic** |
| Thursday 12 March9.15am – 10.45am | **The power of positive parenting**Creating loving, supporting and predictable familyenvironments. |
| Friday 20 March9.15am – 10.45am | **Raising confident, competent children**Building secure and positive relationships with your child or children. |
| Thursday 26 March9.15am – 10.45am | **Raising resilient children**Helping your child or children cope with their feelings. |

![playgroup_hands[1]]()**Want to know more?** Give Family and Children’s Services a call on 5624 2540.

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**T** 03 5624 2540