



# Being Healthy in Baw Baw.

## Municipal Public Health and Wellbeing Plan 2017–2021

### Year 3 Action Plan

This document sets out the actions that will be undertaken by partnering and Integrated Health Promotion funded organisations in the third year of the Integrated Municipal Public Health and Wellbeing Plan and Health Promotion Funded Agencies Health Promotion Plan 2017–2021, referred to as Being Healthy in Baw Baw 2017–2021.

It is a companion document to the strategic plan which can be downloaded from [www.bawbawshire.vic.gov.au](http://www.bawbawshire.vic.gov.au) or viewed in hardcopy at a Council Service Centre. Visit Council's website for location details or call 1300 BAW BAW (1300 229 229).

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## Acknowledgements

Thank you to the adults, youth and children of Baw Baw communities who have shown interest in this plan, and have contributed their ideas, time and images.

We acknowledge and thank the Kurnai people who have helped to write this document. We acknowledge that Baw Baw Shire is home to many First Nations peoples from many countries. We honour and pay respect to their Elders past and present.

Thank you to the Healthy Baw Baw Advisory Committee member organisations:

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Health and Human Services
- Gippsland Primary Health Network
- Gippsland Women's Health
- GippSport
- Kurnai Nations
- Latrobe Community Health Services
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- Victoria Police
- West Gippsland Healthcare Group



Thank you to other individuals and organisations currently associated with working groups:

- Individual Community Members
- Anglicare Victoria
- ASCO
- Baw Baw Emergency Food Relief Network
- Baw Baw Food Movement
- Baw Baw Food Hub
- Baw Baw Organics
- Community College Gippsland
- Department of Education and Training
- Eastern Park Community Garden
- Foodbank Victoria
- Gardivalia
- Gippsland Jersey
- Growing Together Baw Baw
- Honeypot Creative Solutions
- Labertouche Men's Shed
- Longwarry & District Lions Club
- Longwarry Community Garden
- Longwarry & District Lions Club
- Neerim District Food Relief
- Olivia's Place
- Secondbite Victoria
- St Vincent De Paul Drouin, Trafalgar & Warragul
- Salvation Army Community Support Services
- The Ice Meltdown Project
- The Gazette
- Warragul Farmers Market
- Warragul Kids Farmers Market
- Warragul & District Garden Club
- West Gippsland Library
- West Gippsland Healthcare Group
- Westernport Catchment Landcare Network
- Warragul Uniting Church
- Warragul Community House
- Wakefield, Vogrig and Boote Lawyers
- Work Solutions

## Introduction and Purpose

This document you are reading is a companion document to the Integrated Municipal Public Health and Wellbeing Plan and Integrated Health Promotion Funded Agencies Health Promotion Plan 2017-2021 commonly referred to as *Being Healthy in Baw Baw*, the four-year strategic plan (pictured). Please refer to it as you read through this document.

The Year 3 Action Plan outlines the planned activities for the third period of the four-year strategic document.

*Being Healthy in Baw Baw* sets out to protect, improve and promote public health and wellbeing within Baw Baw. It is a statutory requirement under the *Public Health and Wellbeing Act 2008* and is developed in partnership with many key organisations who play an important part in promoting public health in the community.



## Integrated Health Promotion

Local Integrated Health Promotion funded organisations have integrated all prevention and health promotion planning into the Municipal Public Health and Wellbeing Plan for Baw Baw Shire. This includes the four-year strategic plan and the subsequent annual action plans which are used to guide their health promotion activities annually.

## Development and review of actions

Each year, an annual Actions Report is developed. In July 2020, the Year 3 Actions in this document will be reviewed and a report presented to Council no later than December.

This process will assist in the development of the Year 4 (final) Action Plan.

More detail is included in the *Being Healthy in Baw Baw* document available for download from [www.bawbawshire.vic.gov.au](http://www.bawbawshire.vic.gov.au)

## How to use this document

Read in conjunction with the *Being Healthy in Baw Baw* plan. There are five broad themes:

1. Improve mental health
2. Preventing violence and injury
3. Healthy eating and active living

4. Reducing harm from gambling, tobacco, alcohol and other drugs
5. Leadership for a healthy Baw Baw

Altogether, there are twenty-six strategies. These can be found in the 'Actions' section of this document.

## Setting directions and getting things done

The Healthy Baw Baw Advisory Committee to Council was created for the purpose of developing, monitoring, and reviewing the Being Healthy in Baw Baw 2017-21 plan. Its members are representatives of twelve organisations that have a strong interest in improving the health and wellbeing of residents and the community in Baw Baw Shire. See page 2 for a list of these partners.

## Role of Partners

The Healthy Baw Baw Advisory Committee and MPHWP partners have the following roles and responsibilities to ensure the delivery of outcomes through the integrated partnership:

- Partnership facilitation – including the Healthy Baw Baw Advisory Committee and associated working groups.
- Evaluation plans – ensuring the collection of impact and outcomes measures for the work that is completed
- Delivery of projects / initiatives as listed in annual action plans
- Reporting to funding bodies, the Healthy Baw Baw Advisory Committee and the community

- Marketing – promoting what is being done, progress and success.

## Need a document?

Council publications can be downloaded from Council's website at [www.bawbawshire.vic.gov.au](http://www.bawbawshire.vic.gov.au).

Alternatively, you can view a copy at a Council Customer Service Centre. Locations of centres can be found on the website, or by calling 1300 229 229.

## Acronyms

**ADF** – Alcohol and Drug Foundation

**ASCO** – Australian Community Support Organisation

**APD** – Anglican Parish of Drouin

**BHBBAC** – Being Healthy Baw Baw Advisory Committee

**BBFM** – Baw Baw Food Movement

**BBLLEN** – Baw Baw Latrobe Learning & Employment Network

**BBSC** – Baw Baw Shire Council

**CTC P'Ship** – Communities That Care Partnership

**CWGPCP** – Central West Gippsland Primary Care Partnership

**DAC** – Drouin Anglican Church

**DET** – Victorian Department of Education and Training

**DHHS** – Victorian Department of Health and Human Services

**DV Vic** – Domestic Violence Victoria

**EFRN** – Emergency Food Relief Network

**GCASA** – Gippsland Centre Against Sexual Assault

**GP** – General Practitioner

**GPHN** – Gippsland Primary Health Network

**GWH** – Gippsland Women's Health

**KN** – Kurnai Nations

**LCHS** – Latrobe Community Health Services

**LRH** – Latrobe Regional Hospital

**QSS** – Quantum Support Services

**RDAC** – Ramahyuck District Aboriginal Corporation

**VICPOL** – Victoria Police

**WCH** – Warragul Community House

**WGHG** – West Gippsland Healthcare Group

**WGRLC** – West Gippsland Regional Library Corporation

**YMCA** – Young Men's Christian Association

**#** – number

**%** – proportion



# 1: IMPROVING MENTAL HEALTH

## INDICATOR: Increase mental wellbeing

### LEADING AGENCIES

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Education and Training
- Gippsland Primary Health Network
- Kurnai Nations
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police
- YMCA

STRATEGIES How we will tackle it?			
<b>1.1 Develop safer cultures to reduce stigma of mental health</b>		SUCCESS LOOKS LIKE: People feel safe to talk about their mental health in the environment where they live, work, learn and play. People feel OK to get help early and it is clear where to go to and who can help	
LEAD	PARTNERS	ACTION	INDICATORS
VICPOL		1.1.01 Ensure the use of internal systems to monitor exposure of members to traumatic events providing early intervention to reduce the impacts on mental health.	% reduction/increase in members flagging above 5 on the Employee Impact Summary for Baw Baw.
<b>1.2 Build resilience</b>		SUCCESS LOOKS LIKE: People do things to improve their mental health	
LEAD	PARTNERS	ACTION	INDICATORS
WGHC		1.2.01 Assist workplaces in Baw Baw to achieve the mental health and wellbeing benchmarks of the Achievement Program, where applicable	# of new workplace registrations for the Achievement Program. # of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace). # of workplaces achieving the 'Recognition' phase of the Achievement Program (by priority area)."

<b>BBSC</b>		1.2.02 Work with emergency response agencies and support providers to increase understanding of risk and build capacity of community, including vulnerable clients to plan and respond to shocks and stresses.	Description of activities
<b>BBSC</b>		1.2.03 Work with communities to increase their understanding of risk, emergency preparedness and build their capacity to respond to shocks and stresses.	Description of activities
<b>BBSC</b>		1.2.04 Investigate opportunities to increase support service providers' understanding of the Vulnerable People in Emergencies Policy and the Vulnerable Persons Register, and action as appropriate.	Description of activities
<b>GPHN</b>	ACSO	1.2.05 Continued support for family and carers of people misusing substances, information and training for community groups, support services, schools, and other professionals.	Occasions of service # of education sessions"
<b>CTC P'ship</b>	Community, Schools, Berry Street, BBSC, BBLEN, DET, VICPOL & other partners	1.2.06 Work with partners to deliver evidence-informed programs for the Communities That Care project that supports better mental health for young people.	project action plan delivered # of organisations participating in CTC activities # of evidence-informed programs delivered # of program participants

YMCA		1.2.07 Deliver YMCA Evolve Program to primary schools in Baw Baw.	# of schools # of attendees
BBSC		1.2.08 Investigate ways that Council-led citizenship ceremonies can be used to celebrate multiculturalism	* investigation complete
<b>1.3 Improve access to recreation opportunities and places for healthy connections</b>		SUCCESS LOOKS LIKE: Public spaces and recreation opportunities are welcoming for people of different ages, cultures, genders and abilities	
<b>LEAD</b>	<b>PARTNERS</b>	<b>ACTION</b>	<b>INDICATORS</b>
BBSC	Community WCH LCHS	1.3.01 Engage with the Warragul Multi-cultural Friendship Group to build relationships and encourage thinking and actions for stronger social connections though event delivery by providing information about Council event supports.	# of engagements with Warragul Multicultural Friendship Group Information provided in accessible format. # events designed # events delivered
BBSC	KN RDAC APD WGRLC VICPOL and others	1.3.02 Promote Reconciliation Week and the website to the community and encourage thinking and delivery of activities for the whole community.	Description of promotions Range of stakeholders # of events delivered
BBSC		1.3.03 Support eligible residents to transition to the National Disability Insurance Scheme (NDIS)	# of people transitioned to NDIS within LGA

<b>BBSC</b>		1.3.04 Encourage community-led activities that will provide opportunities for people to participate in NAIDOC Week 2020.	# conversations initiated Month that conversations were started.
<b>BBSC</b>		1.3.05 Develop and deliver activities during National Reconciliation Week (NRW) (May 2019) that offer the whole community opportunities to deepen understanding of issues that currently affect Aboriginal people and build unity.	# of activities delivered in year. # of activities delivered in NRW
<b>BBSC</b>		1.3.06 Progress the Drouin Civic Park Playground upgrade in line with Council direction.	Implementation underway Description of plan implementation
<b>BBSC</b>		1.3.07 Commence implementation of the Masterplan for Brooker Park, Warragul	Implementation commenced Description of implementation
<b>BBSC</b>		1.3.08 Council adopts the Community Hubs Strategy	Description of activities.
<b>BBSC</b>		1.3.09 Implement Youth Strategy.	Action Plan developed # of actions implemented
<b>BBSC</b>	VICPOL Quantum	1.3.10 Identify stakeholders and commence consultation for the development of a policy for Council's engagement with pet owners who are homeless.	Stakeholders identified Consultation commenced

BBSC		1.3.11 Review community bus program to ensure program meeting user needs and maximising bus usage	<ul style="list-style-type: none"> <li>User survey conducted</li> <li>2019 bus schedule developed</li> </ul>
BBSC		1.3.12 Create an Audience Development Plan for West Gippsland Arts Centre 2019/20.	<ul style="list-style-type: none"> <li>Plan is developed.</li> </ul>
BBSC		1.3.13 Continue to deliver 'Outside The Walls' arts outreach program.	<ul style="list-style-type: none"> <li># of activities that are delivered in places outside of the WGAC theatre.</li> </ul>
BBSC	LCHS	1.3.14 Promote community sponsorship opportunities to the multicultural community and agencies that specialise in supporting newly arrived residents.	<ul style="list-style-type: none"> <li>Number of promotions to agencies</li> <li>Information is presented in diverse ways.</li> </ul>
<b>1.4 Promote resources and services that support mental health</b>		SUCCESS LOOKS LIKE: People know at least one resource or service that can help with a mental health concern	
LEAD	PARTNERS	ACTION	INDICATORS
VICPOL		1.4.01 Ensure & encourage Referrals via VPeR system where appropriate to provide a pathway for assistance with mental health issues.	# of VPeR referrals submitted
WGRLC		1.4.02 Deliver information sessions for people experiencing mental illness (or their carers) during Mental Health week that inform the community about resources and services they can access under the NDIS.	<ul style="list-style-type: none"> <li># of information sessions delivered</li> <li># of people participating in information sessions.</li> </ul>
YMCA		1.4.03 Deliver a free Mental Health forum to the community during Mental Health Week 5-11 October 2019.	<ul style="list-style-type: none"> <li>Forum delivered</li> <li># of attendees</li> <li># of local health professionals and support services engaged in promoting the activity.</li> </ul>

<b>1.5 Promote positive mental health</b>		SUCCESS LOOKS LIKE: People create environments that make it easier to stay mentally well	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		1.5.01 Investigate options to enhance the delivery of citizenship ceremonies conducted by Baw Baw Shire Council to celebrate new citizens (previous 3-5 years) living in Baw Baw.	Investigation complete Options presented to Executive Team
WGHG		1.5.02 Assist Early Learning Centres, Primary and Secondary schools to promote the health of 0-18-year-old children by achieving the mental health and wellbeing benchmarks of the Achievement Program.	"# of times the first phase of the Achievement Program is completed (once per education setting). # of times the 'Recognition' phase of the Achievement Program is completed (by priority area). # of education settings actively working towards recognition in identified priority area. • Description of activities."
<b>1.6 Provide mental health services</b>		SUCCESS LOOKS LIKE: People have access to mental health services that meet their needs	
LEAD	PARTNERS	ACTION	INDICATORS
LCHS		1.6.01 Continue weekly headspace appointments at Warragul site x 1 day per week	1 x clinician to attend Warragul weekly for x1 day per week, x 4 booked appointments per day

<b>LCHS</b>		1.6.02 Enhancing Mental Health in Secondary Schools (EMHSS) to provide school-based appointments at Drouin secondary	EMHSS clinician to attend Drouin secondary fortnightly and provide school-based appointments
<b>LCHS</b>		1.6.03 Continued Youth AOD support in catchment	20% of youth AOD clients from Baw Baw catchment
<b>LCHS</b>		1.6.04 Mental health education in Baw Baw schools	X6 mental health education sessions delivered in Baw Baw schools
<b>LCHS</b>		1.6.05 Develop with key stakeholders suicide post-vention plan (Baw Baw schools, VIC pol, DEET and key stakeholders)	Committee established and post-vention communication strategy implemented. Rapid and coordinated response for parties affected by youth suicide.
<b>GPHN</b>	LRH GP practices Private providers Victorian Counselling and Psychological Services	1.6.06 Continue to provide mental health services for under serviced groups including NDIS transition, suicide prevention, mental health nurses working in general practice and access to psychological therapies.	Occasions of service # of education sessions

<b>GPHN</b>	DET GP Practices DHHS	1.6.07 Deliver the GPs in Schools program	Occasions of service
<b>GPHN</b>	Beyond Blue Interchange Butterfly Foundation Developing Minds	1.6.08 Deliver low intensity mental health services for children (Calm Kids Central), perinatal support (New Access for women and families), and eating disorders in youth services	Occasions of service



**INDICATOR: Reduce the prevalence and impact of family violence**

**LEADING AGENCIES**

- Baw Baw Shire Council
- Gippsland Women’s Health
- GippSport
- Kurnai Nations
- Quantum Support Services
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES How we will tackle it?			
<b>2.1 Build gender equity in organisations and the community</b>		SUCCESS LOOKS LIKE: Organisations and community understand gender equity, and actively improve their environment	
LEAD	PARTNERS	ACTION	INDICATORS
Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.1.01 Convene the Our Watch Our Issue Working Group to drive and collaborate on actions which prevent violence against women and promote gender equality in Baw Baw	# of meetings # of partner orgs/members in working group
VICPOL		2.1.02 Continue to enhance gender equity in policing via recruitment at organisational level.	% of female officers stationed in Baw Baw. % of female officers in responding roles
VICPOL		2.1.03 Vic Police engage in online training as part of their operational requirements which includes Family Violence updates and information on gender equality	% of Baw Baw officers that have successfully completed training
BBSC		2.1.04 2.1.04 Identify the desired outcomes for the next iteration of Council's internal Gender Equity plan.	<ul style="list-style-type: none"> <li>• survey conducted</li> <li>• plan developed</li> <li>• implementation on track (if applicable)</li> </ul>

<p><b>2.2 Promote information that helps people to reduce family violence where they live, learn, work and play</b></p>		<p>SUCCESS LOOKS LIKE: People understand what constitutes family violence and have information to respond appropriately.</p>	
LEAD	PARTNERS	ACTION	INDICATORS
<p>WGRLC</p>		<p>2.2.01 Inform the community of free access to computers with internet and Wi-Fi and provide Make the Link resources and information on family violence within libraries.</p>	<p># of computer stations in library settings that have Make The Link promotional material displayed where the computer user can easily see it.</p> <ul style="list-style-type: none"> <li>•</li> </ul>
<p>Our Watch Our Issue</p>	<p>OWOI Members &amp; BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP</p>	<p>2.2.02 Participate in and promote the 16 days of Activism campaign.</p>	<p>Event held # of events # of participants Description of activities</p>

Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.2.03 Investigate opportunities and events to promote information about the prevention of men’s violence against women, children and families and gender equality and act as appropriate.	Event held # of events # of participants Description of activities
VICPOL		2.2.04 Continue the work of the Baw Baw PSA Family Violence Unit, working closely with partnering agencies with a focus on recidivist offenders and repeat offenders.	# of partnering agencies supporting the work of the PSA Family Violence Unit
Our Watch Our Issue	OWOI Members & BBSC, KN, GWH, VicPol, QSS, GCASA, DET, CWGPCP	2.2.05 Deliver relevant gender equity training to community members/groups as requested.	# of training sessions # of participants

<b>2.3 Support the implementation of Child Safe Standards in organisations and the community.</b>		SUCCESS LOOKS LIKE: Organisations and the community understand the Child Safe Standards and make changes to their environments to meet the standards.	
LEAD	PARTNERS	ACTION	INDICATORS
WGRLC		2.3.01 Implement the seven Victorian Child safety standards throughout the organisation.	# of Child safety standards that have been implemented.
BBSC		2.3.02 Deliver child safe training to community groups, as requested.	# of requests # of responses
BBSC		2.3.03 Deliver refresher training for all Council volunteers and updated Volunteer Handbook information outlining Child Safety Standards	<ul style="list-style-type: none"> <li>• Volunteer handbook updated</li> <li>• # of trainings</li> <li>• % of A&amp;D volunteers undertaking refresher training</li> </ul>
BBSC		2.3.04 Continue to ensure all new WGAC staff undertake child safe standards training and user groups are compliant and are aware of child safe standards and requirements.	<ul style="list-style-type: none"> <li>• # of staff trained</li> </ul>
<b>2.4 Build capacity to meet the requirements of the Reportable Conduct Scheme.</b>		SUCCESS LOOKS LIKE: Organisations and the community understand the Reportable Conduct Scheme and make changes to their environments to be compliant.	
LEAD	PARTNERS	ACTION	INDICATORS
			<ul style="list-style-type: none"> <li>•</li> </ul>

2.5 Build capacity to prevent violence and injury.		SUCCESS LOOKS LIKE: People and organisations have more knowledge about what protects people from violence and injury, and what can increase the risks. People and organisations have the skills to increase protections and reduce risks.	
LEAD	PARTNERS	ACTION	INDICATORS
WGHG		2.5.01 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the safe environments benchmarks of the Achievement Program.	<p># of times the first phase of the Achievement Program is completed (once per education setting).</p> <p># of times the 'Recognition' phase of the Achievement Program is completed (by priority area).</p> <p># of education settings actively working towards recognition in identified priority area.</p> <p>Description of activities.</p>

**INDICATOR: Increase healthy eating and active living**

LEADING AGENCIES

- Baw Baw Shire Council
- Baw Baw Food Movement
- Central West Gippsland Primary Care Partnership
- Emergency Food Relief Network
- Ramahyuck District Aboriginal Corporation
- Secondbite
- West Gippsland Healthcare Group
- West Gippsland Libraries
- YMCA

STRATEGIES: How we will tackle it?			
<b>3.1 Reduce the consumption of sugary drinks.</b>		SUCCESS LOOKS LIKE: The environment makes it easy for people to access and choose drinks that are not sugary.	
LEAD	PARTNERS	ACTION	INDICATORS
WGHG	CWGPCP	3.1.01 Investigate whole-of-systems approaches to reducing sugary drink consumption in Baw Baw and action as required.	Investigation complete. # of local initiatives targeting sugary drink consumption. Description of activities."
YMCA	WGHG BBSC	3.1.02 Implement the Healthy Food at the Y project in all seasonal pools in Baw Baw to reduce the number of sugary drinks available and improve the number of healthy food options.	Benchmarks and targets achieved
<b>3.2 Increase the consumption of healthy and nutritious food.</b>		SUCCESS LOOKS LIKE: The environment makes it easy for people to learn about, access and choose healthy food options.	
LEAD	PARTNERS	ACTION	INDICATORS
WGRLC		3.2.01 Deliver themed story times that promote healthy eating.	# story times delivered.
CWGPCP	WGHG BBSC BBFM	3.2.02 Support and strengthen community driven food initiatives and events which seek to increase consumption of healthy and nutritious foods.	# of BBFM meetings held # of events held # of attendees # of BBFM newsletter subscribers Description of activities
YMCA		3.2.03 Deliver nutrition education sessions facilitated by a trained	<ul style="list-style-type: none"> <li>• # of sessions</li> <li>• # of attendees</li> </ul>

		dietitian at the Warragul Leisure Centre.	<ul style="list-style-type: none"> <li># of topics covered</li> </ul>
CWGPCP	EFRN	3.2.04 Provide coordinated access to healthy and nutritious food for residents of Baw Baw who may be at risk of, or experiencing food insecurity	<ul style="list-style-type: none"> <li># of EFRN meetings</li> <li># of EFRN members</li> <li># of kgs of food relief distributed</li> <li>Description of activities</li> </ul>
CWGPCP		3.2.05 Undertake food security research across Baw Baw, including the United States Department of Agriculture (USDA) Household Food Security Survey and Victorian Healthy Food Basket (VHFB) results for supermarkets.	<ul style="list-style-type: none"> <li>Biannual USDA food security measures survey undertaken and results</li> <li>VHFB survey undertaken</li> <li>Systems mapping completed to understand and respond to food system complexities</li> </ul>
<b>3.3 Support a local food system that uses sustainable practices</b>		<p>SUCCESS LOOKS LIKE: More people and growers are interested in sustainable food production and food waste practices. People and growers have ways to build their knowledge and skills. People can get a good variety of locally grown food and can use places in their neighbourhood to grow food. People and growers choose to dispose of food waste responsibly.</p>	
LEAD	PARTNERS	ACTION	INDICATORS
CWGPCP	BBFM	3.3.01 Support and strengthen community led initiatives that help build a local food supply that uses sustainable farming,	<ul style="list-style-type: none"> <li># of BBFM actions implemented</li> <li>Description of activities/actions undertaken</li> </ul>

		gardening and food production practises.	
BBSC		3.3.02 Promote and stimulate the uptake of the compost rebate scheme to support home composting	# of rebates claimed Description of promotion activities
<b>3.4 Connect food producers, suppliers and retailers with each other and Baw Baw residents.</b>		SUCCESS LOOKS LIKE: People can get a good variety of locally grown fresh food.	
<b>LEAD</b>	<b>PARTNERS</b>	<b>ACTION</b>	<b>INDICATORS</b>
CWGPCP	BBFM	3.4.01 Support initiatives that connect food producers, suppliers and retailers with each other and the Baw Baw Community.	# of BBFM actions implemented Description of activities/actions undertaken
BBSC	CWGPCP	3.4.02 Promote locally grown and made food.	# of promotional activities completed
<b>3.5 Support and strengthen a food economy that increases the supply, availability and demand for locally produced food.</b>		SUCCESS LOOKS LIKE: Food suppliers are confident that they can sell their products, and that there are skilled workers for their industry. People want to buy from local food suppliers, and they have a convenient way to do this.	
<b>LEAD</b>	<b>PARTNERS</b>	<b>ACTION</b>	<b>INDICATORS</b>



CWGPCP	BBFM	3.5.01 Support and strengthen community driven food initiatives which develop a local economy that increases supply, availability and demand for locally produced food.	# of BBFM actions implemented Description of activities/actions undertaken
BBSC	CWGPCP	3.5.02 Promote farm gate sales and farm gate sales guidelines.	# of promotional activities completed
BBSC	CWGPCP	3.5.03 Promote Baw Baw as a food tourism destination.	# of promotional activities completed
<b>3.6 Improve access to active living programs, sport and active recreation, and community infrastructure.</b>		SUCCESS LOOKS LIKE: It is easy for people with diverse needs to use community infrastructure and participate in active living programs, sport and active recreation.	
LEAD	PARTNERS	ACTION	INDICATORS
WGRLC		3.6.01 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to Gardening and other active living programs.	# of people shown how to access classes on the Universal Class database.

BBSC	WGHG	3.6.02 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.	# of primary schools participating in Walk to School month. # of children participating in Walk to School month. Description of activities."
BBSC		3.6.03 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw	# of projects Length of new constructions"
BBSC		3.6.04 Implement the Warragul CBD Streetscape Project	Victoria Street improvements completed.
BBSC		3.6.05 Continue to implement the Drouin Civic Park and Warragul Civic Park Masterplans.	Implementation underway Description of plan implementation"
WGHG		3.6.06 Support existing Heart Foundation walking groups across Baw Baw and implement new Heart Foundation walking groups on request to promote the health of Baw Baw residents across all age groups.	# of Heart Foundation walking groups sustained. # of Heart Foundation walking group participants."
BBSC	GippSport	3.6.07 Participate in Latrobe Valley Authority Major events and programs/outreach project to attract opportunities that benefit Baw Baw people and communities.	Participation in meetings.

		3.6.08 Implement the 2018-19 Aged and Disability Services Diversity Plan	<ul style="list-style-type: none"> <li># of actions implemented</li> <li>Description of activities</li> </ul>
BBSC		3.6.09 Investigate opportunities for WGAC under the 'Family-Friendly' project of Council.	<ul style="list-style-type: none"> <li>Actions identified to improve access for families with young children.</li> </ul>
<b>3.7 Build people's capacity to eat healthy and be more active where we live, learn, work and play through healthy design, education and policy.</b>		SUCCESS LOOKS LIKE: The environment makes it easy for people to behave in healthy ways. People act to encourage healthy eating and being active in their own environments, and for the people around them.	
LEAD	PARTNERS	ACTION	INDICATORS
CWGPCP	BBSC	3.7.01 Integrate action on food security at a strategic planning level within BBSC using the 'Ten ways Local Government Can Act on Food Security' framework.	<ul style="list-style-type: none"> <li># of elements staff have committed to undertake and</li> <li># of elements completed</li> </ul>
WGHG		3.7.02 Assist workplaces in Baw Baw to achieve the physical activity and healthy eating benchmarks of the Achievement Program, if applicable	<ul style="list-style-type: none"> <li># of new workplace registrations for the Achievement Program.</li> <li># of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace).</li> <li># of workplaces achieving the 'Recognition' phase of the</li> </ul>

			Achievement Program (by priority area)."
WGHG		3.7.03 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the healthy eating and oral health and physical activity and movement benchmarks of the Achievement Program.	# of times the first phase of the Achievement Program is completed (once per education setting). # of times the 'Recognition' phase of the Achievement Program is completed (by priority area). # of education settings actively working towards recognition in identified priority area. Description of activities.
BBSC		3.7.04 Install public seating where customer requests have suggested, and/or where masterplans indicate.	# of seats installed # of requests"
WGHG		3.7.05 Investigate funding opportunities to support healthy living initiatives in schools and other settings, and action as appropriate	Investigation complete # of participants Description of activities
WGHG		3.7.06 Investigate innovative ways to engage new education settings, and re-activate disengaged settings, in the Achievement Program. Action as appropriate.	# of newly engaged schools # of re-engaged schools Description of activities

<b>BBSC</b>		3.7.07 Implement 2019-20 Wellness and Reablement Plan to improve the client journey and outcomes.	• # of plan actions implemented
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**4: REDUCING HARM FROM GAMBLING, TOBACCO, ALCOHOL AND OTHER DRUGS**

**INDICATOR: Reduce harmful alcohol and drug use.**

**LEADING AGENCIES**

- Baw Baw Shire Council
- Berry Street
- GippSport
- Gippsland Primary Health Network
- Latrobe Community Health Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES: How we will tackle it?			
4.1 Build the capacity of people and organisations to reduce harm from gambling.		SUCCESS LOOKS LIKE: People are supported to gamble responsibly and feel that their environment helps them to avoid harm from gambling.	
LEAD	PARTNERS	ACTION	INDICATORS
LCHS		4.1.01 Engage with GPs and other mental health service providers, EGM venues, secondary schools, youth-based organisations, local government, community agencies and VICPOL to educate and provide resources that help to prevent harm from gambling.	45.5% and 60% self-perceived increase in knowledge of the harms and risks of gambling and available support services respectively"
LCHS		4.1.02 Encourage responsible gambling environments and practises with EGM Venues, secondary schools, youth-based organisations, local government, community agencies and aboriginal communities in EGM venues and the broader community.	Average of 34% increase in knowledge of responsible gambling environments"
LCHS		4.1.03 Promote support services available for people experiencing gambling related harm at all	Venue training GP visits Community Engagement Schools program

		education sessions delivered by Gambler’s Help program.	
LCHS	GippSport	4.1.04 Respond to and support sporting clubs that participate in gambling harm reduction program delivered by SALT, as requested.	# of requests by sporting clubs # of responses Description of activities.
BBSC	LCHS, CWGPCP	4.1.05 Review the response from the community and service providers to the Electronic Gaming Application application (August 2019).	* Review is undertaken
<b>4.2 Support smoke-free living</b>		SUCCESS LOOKS LIKE: People breathe smoke-free air in public places where children live and play, and where people dine. Workplaces have policies that support workers who smoke to reduce or quit and protects the air quality for non-smokers.	
<b>LEAD</b>	<b>PARTNERS</b>	<b>ACTION</b>	<b>INDICATORS</b>
WGHG		4.2.01 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the tobacco, alcohol and other drugs benchmarks of the Achievement Program.	<ul style="list-style-type: none"> <li>• # of times the first phase of the Achievement Program is completed (once per education setting).</li> <li>• # of times the ‘Recognition’ phase of the Achievement Program is completed (by priority area).</li> </ul>

			<ul style="list-style-type: none"> <li>• # of education settings actively working towards recognition in identified priority area.</li> <li>• Description of activities."</li> </ul>
<b>WGHC</b>		4.2.02 Assist workplaces in Baw Baw to achieve smoking benchmarks of the Achievement Program if applicable	<ul style="list-style-type: none"> <li>• # of new workplace registrations for the Achievement Program.</li> <li>• # of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace).</li> <li>• # of workplaces achieving the 'Recognition' phase of the Achievement Program (by priority area)."</li> </ul>
<b>BBSC</b>		4.2.03 All tobacco retailers subjected to test purchasing, all hospital grounds visited, all new food retailers educated on smoke free dining, signage supplied to clubs as requested. All tobacco related community concerns investigated within 1 working day.	<ul style="list-style-type: none"> <li>• number of tobacco related community concerns reported to Council.</li> </ul>
<b>WGRLC</b>		4.2.04 Promote community usage of 'Universal Classes' Data Base and course registration in How to quit smoking.	<ul style="list-style-type: none"> <li>• # of people shown how to access classes on the Universal Class database.</li> </ul>



GPHN	GP practices WGHG	4.2.05 Ensure smoking cessation model supported by Health Pathways	<ul style="list-style-type: none"> <li># of referrals to QUIT</li> </ul>
<b>4.3 Build capacity in the safe use of alcohol where people live, learn work and socialise.</b>		SUCCESS LOOKS LIKE: People are supported to use alcohol safely and feel that their setting helps them to choose non-alcoholic drinks or use alcohol in safer amounts.	
LEAD	PARTNERS	ACTION	INDICATORS
WGHG		4.3.01 Assist workplaces in Baw Baw to achieve the alcohol and other drugs benchmarks of the Achievement Program if applicable	<ul style="list-style-type: none"> <li># of new workplace registrations for the Achievement Program.</li> <li># of workplaces achieving the 'Foundations' phase of the Achievement Program (once per workplace).</li> <li># of workplaces achieving the 'Recognition' phase of the Achievement Program (by priority area)."</li> </ul>
CTC P'ship	Community, Schools, Berry Street, BBSC, BBLLEN, DET, VICPOL & other partners	4.3.02 Work with partners to deliver evidence-informed programs for the Communities That Care project that reduces harm from alcohol use for young people.	<ul style="list-style-type: none"> <li>project action plan delivered</li> <li># of organisations participating in CTC activities</li> <li># of evidence-informed programs delivered</li> <li># of program participants</li> </ul>
BBSC	ADF	4.3.03 Participate in the Local Government Prevention Capacity	* Survey is undertaken

		and Infrastructure Survey being conducted by Alcohol and Drug Foundation.	
<b>4.4 Build capacity in the safe use of licit and illicit drug use where people live, learn, work and socialise.</b>		<b>SUCCESS LOOKS LIKE:</b> People understand how to use legal drugs safely and feel that their environment supports them to avoid using illicit drugs.	
LEAD	PARTNERS	ACTION	INDICATORS
GPHN	YSAS	4.4.01 Provide support for schools and community organisations to talk about substance misuse, and support for young people to address their substance misuse	Occasions of service # of education sessions
LCHS		4.4.02 Provide support services to young people and their families in Baw Baw to support withdrawal, harm minimisation and support access to detox services.	• Description of activities
GPHN	WGHG	4.4.03 Ensure licit and illicit drug use pathways are supported by Health Pathways.	# of localised health pathways
BBSC	VICPOL Berry Street GPHN and other partners	4.4.04 Lead the Baw Baw Local Drug Action Team to deliver activities as described in the action plan.	# meetings \$ secured for LDAT activities Description of activities.

**INDICATOR: Strengthen partnerships.**

LEADING AGENCIES

- Baw Baw Shire Council
- Berry Street Victoria
- Central West Gippsland Primary Care Partnership
- Department of Health and Human Services
- GippSport
- Gippsland Primary Health Network
- Gippsland Women’s Health
- Kurnai Nations
- Latrobe Community Health Services
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES: How we will tackle it?			
5.1 Maintain or improve the provision of public health services and infrastructure.		SUCCESS LOOKS LIKE: People are confident that the food and water they consume, and their environment supports good health. People will have the same or better access to services and infrastructure that protects public health.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		5.1.01 Monitor food safety as legislated	Percentage of BBSC’s 506 class 1,2 and 3 food premises inspected. Number of food samples taken.
BBSC		5.1.02 Build food safety knowledge with frequent sector communications and targeted presentations.	Number of newsletters. Number of training sessions
BBSC		5.1.03 Investigate all reports of infectious disease	Responsiveness to notification of outbreak.
BBSC		5.1.04 Manage identified environmental health risks in the Tarago and Tanjil water catchments through monitoring, reporting and establishing risk mitigation programs with partner organisations.	Completed partner projects.

BBSC		5.1.05 Work with partner organisations to improve public health through installations of reticulated water and sewerage in BBSC towns not currently provided with these services.	number of successful funding submissions to State Government.
BBSC		5.1.06 Ensure our population is protected with immunisation rates across all cohorts exceeding Victorian averages	Immunisation rates for 12-15 months Immunisation rates for 24-27 months Immunisation rates for 60-63 months. Immunisation rates for secondary aged children
BBSC		5.1.07 Resolve customer service requests that relate to environment (noise, asbestos, litter, hazardous substances, sharps).	Number of resolved investigations
<b>5.2 Secure funding for projects that support the objectives of the Baw Baw Public Health and Wellbeing Plan 2017-21</b>		SUCCESS LOOKS LIKE: Organisations in Baw Baw successfully apply for funds that deliver projects that promote public health.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC and Advisory		5.2.01 Seek funding to support projects that improve community	<ul style="list-style-type: none"> <li>• Description of work undertaken</li> </ul>

Committee partners		infrastructure that provides opportunities for active recreation.	
<b>5.3 Encourage leadership for prevention in health.</b>		SUCCESS LOOKS LIKE: The committees, working groups and community work together for better health outcomes in Baw Baw.	
LEAD	PARTNERS	ACTION	INDICATORS
BBSC		5.3.01 Improve communications between working groups and committee.	# of reports from Working Group to Advisory Committee (target = >2018/19 performance) # times Minutes are distributed to working group members. (target = >2018/19 performance)"
CWGPCP	BBSC BBFM EFRN	5.3.02 Engage key stakeholders to be involved and sustain their involvement in the Baw Baw Food Security Coalition and its three working groups	Results from Food Security Coalition Annual Reports to measure the collective impact of the food security coalition in Baw Baw
BBSC		5.3.03 Convene at least two internal network meeting of officers who support the Advisory Committees of Council.	# of internal network meetings delivered # of participants
WGHG		5.3.04 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the sexual health and wellbeing, and sun protection	# of times the first phase of the Achievement Program is completed (once per education setting).

		benchmarks of the Achievement Program.	# of times the 'Recognition' phase of the Achievement Program is completed (by priority area). # of education settings actively working towards recognition in identified priority area. Description of activities
WGHG		5.3.05 Assist West Gippsland Healthcare Group to become a health literate organisation, that prevents injury and improves health outcomes among patients of all age groups in Baw Baw.	# of WGHG staff that have completed online Health Literacy training. # of Health Literacy meetings attended"
BBSC	WGHG CWGPCP	5.3.06 Convene and deliver a forum for working group members and Advisory Committee representatives to share information in February 2020.	Forum is held # of working groups represented # of Advisory Committee representatives participating # of participants"
BBSC	Advisory Committee	5.3.07 Raise awareness of Dhelk Dja Safe Out Way strategy among service providers and key stakeholders	* # Individuals and services that report knowing about Dhelk Dja.
<b>5.4 Raise awareness of priority health prevention messages.</b>		SUCCESS LOOKS LIKE: The community and organisations in Baw Baw receive clear and consistent messages that protect, promote and improve health, and align with the objectives of this Plan and the Achievement Program.	

LEAD	PARTNERS	ACTION	INDICATORS
BBSC		5.4.01 Plan for and distribute health promotion messages that support Being Healthy In Baw Baw strategic directions.	TOR developed and endorsed by Advisory Committee. Working group is meeting # of media releases issued by BBSC on prevention in health topics # of Facebook page likes
BBSC		5.4.02 Deliver education sessions to BBSC staff on identified health and wellbeing topics and action as appropriate	TBC
BBSC		5.4.03 Formalise participation in the Achievement Program and identify the first focus area for health promotion activities.	* Participation in Achievement Program has been formalised. * First focus area has been identified.