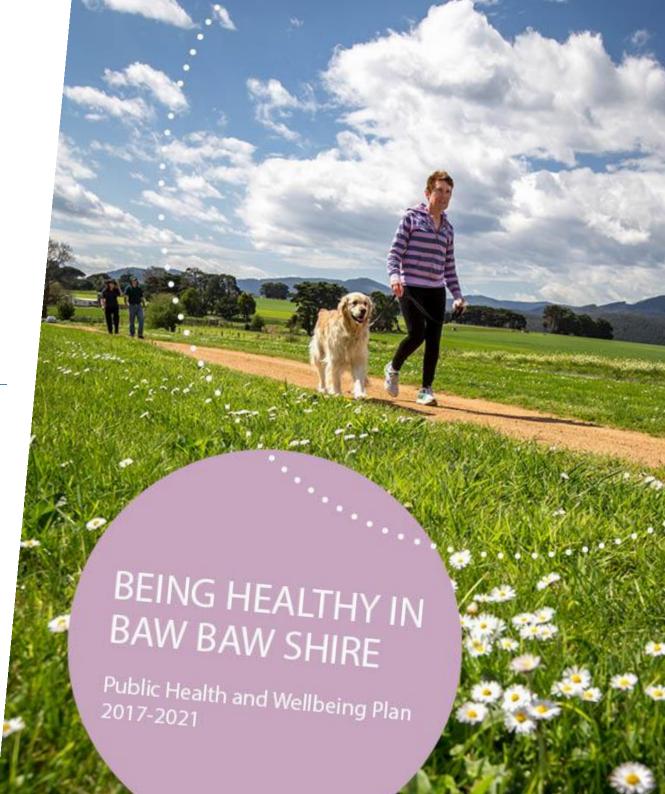


# Year 1 Actions

## Baw Baw Public Health and Wellbeing Plan 2017-21

November 2017

This document sets out the actions that will be undertaken by partnering organisations in the first year of the Baw Baw Public Health and Wellbeing Plan 2017-21. It is a companion document to the strategic plan (pictured on right) which can be downloaded from www.bawbawshire.vic.gov.au or viewed in hardcopy at a Council Service Centre. Visit Council's website for location details, or call 03 5624 2411.



## Contents

Acknowledgements	3
ntroduction and Purpose	
Acronyms	
1: Improving Mental Health	
2: Preventing Violence and Injury	
3: Healthy Eating and Active Living	
4: Reducing Harm From Gambling, Tobacco, Alcohol and Other Drugs	
5: Leadership For A Healthy Baw Baw	22

## Acknowledgements

Thank you to the adults, youth and children of Baw Baw communities who have shown interest in this plan, and have contributed their ideas, time and images.

We acknowledge and thank the Kurnai people who have helped to write this document. We acknowledge that the land that is currently known as Baw Baw Shire, is Kurnai Country and home to many First Nations people from many countries. We honour and pay respect to Kurnai Elders past and present, and all First Nations Elders who call this Country home.

Thank you to the Healthy Baw Baw Advisory Committee member organisations:

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Health and Human Services
- Gippsland Primary Health Network
- Gippsland Women's Health
- GippSport

- Kurnai Nations
- Latrobe Community Health Services
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- Victoria Police
- West Gippsland Healthcare Group

























## Thank you to other individuals and organisations currently associated with working groups:

- Individual Community Members
- Anglicare
- ASCO
- Baw Baw Emergency Food Relief Network
- Baw Baw Food Movement
- Baw Baw Food Hub
- Baw Baw Organics
- Baw Baw Sustainability Network
- Community Church Warragul
- Community College Gippsland
- Deep River
- Department of Education and Training
- Eastern Park Community Garden
- Food Relief Neerim District Inc.
- Foodbank Victoria
- Food retailers and wholesalers
- Food growers and producers
- Gardivalia
- Gippsland Jersey
- Gippsland Unwrapped
- Growing Together Baw Baw
- Honeypot Creative Solutions
- Labertouche Men's Shed
- Longwarry & District Lions Club
- Longwarry Community Garden

- Longwarry & District Lions Club
- Neerim District Food Relief
- Olivia's Place
- Secondbite
- Seventh Day Adventist Church, Longwarry
- St Vincent De Paul Drouin, Trafalgar & Warragul
- Salvation Army Community Support Services
- Soil management and agribusiness organisations
- The Ice Meltdown Project
- The Gazette
- The Crossing Café Drouin
- Warragul Farmers Market
- Warragul Kids Farmers Market
- Warragul & District Garden Club
- West Gippsland Library
- West Gippsland Healthcare Group
- Westernport Catchment Landcare Network
- Warragul Uniting Church
- Warragul Community House
- Wakefield, Vogrig and Boote Lawyers
- Work Solutions
- Youth for Christ

## Introduction and Purpose

This document you are reading is a companion document to the Baw Baw Public Health and Wellbeing Plan 2017-21, pictured below. Please refer to it as you read through this document.

The Year 1 Actions outlines the planned activities for the first period of the four-year strategic document.

The Baw Baw Public Health and Wellbeing Plan 2017-21 sets out to protect, improve and promote public health and wellbeing within Baw Baw. It is a statutory requirement under the *Public Health and Wellbeing Act 2008* and is developed in partnership with many key organisations who play an important part in promoting public health in the community.



## **Development and review of actions**

Each year, an annual Actions Report is developed. In July 2018, the Year 1 Actions in this document will be reviewed and a report presented to Council no later than December.

This process will assist in the development of the Year 2 Actions plan.

More detail is included in the Baw Baw Public Health and Wellbeing Plan 2017-21.

### How to use this document

Read in conjunction with the Baw Baw Public Health and Wellbeing Plan 2017-21. There are five broad themes:

- Improve mental health
- Preventing violence and injury
- Healthy eating and active living
- Reducing harm from gambling, tobacco, alcohol and other drugs
- Leadership for a healthy Baw Baw

Altogether, there are twenty-six strategies. These can be found in the 'Actions' section of this document.

## Setting directions and getting things done

The Healthy Baw Baw Advisory Committee to Council was created for the purpose of developing, monitoring, and reviewing the Baw Baw Public Health and Wellbeing Plan 2017-21. Its members are representatives of twelve organisations that have a strong interest in improving the health and wellbeing of residents and the community in Baw Baw Shire. See page 2 for a list of these partners.

#### Need a document?

Council publications can be downloaded from Council's website at <a href="www.bawbawshire.vic.gov.au">www.bawbawshire.vic.gov.au</a>. Alternatively, you can view a copy at a Council Customer Service Centre. Locations of centres can be found on the website, or by calling (03) 5624 2411.

## Acronyms

**ASCO** – Australian Community Support Organisation

**BBFM** – Baw Baw Food Movement

**BBSC** – Baw Baw Shire Council

**CWGPCP** – Central West Gippsland Primary Care

Partnership

**DAC** – Drouin Anglican Church

**DET** – Victorian Department of Education and Training

**DHHS** – Victorian Department of Health and Human Services

**DV Vic** – Domestic Violence Victoria

**EFRN** – Emergency Food Relief Network

GCASA – Gippsland Centre Against Sexual Assault

**GP** – General Practitioner

**GPHN** – Gippsland Primary Health Network

**GWH** – Gippsland Women's Health

**KN** – Kurnai Nations

**LCHS** – Latrobe Community Health Services

**LRH** – Latrobe Regional Hospital

**QSS** – Quantum Support Services

**RDAC** – Ramahyuck District Aboriginal Corporation

**VICPOL** – Victoria Police

**WGHG** – West Gippsland Healthcare Group

**WGRLC** – West Gippsland Regional Library Corporation

**YMCA** – Young Men's Christian Association



# INDICATOR: Increase mental wellbeing

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Education and Training
- Gippsland Primary Health Network
- Kurnai Nations
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police
- YMCA

STRATEGIES H	ow we will tackle it?	
1.1 Develop safe reduce stigma of		SUCCESS LOOKS LIKE: People feel safe to talk about their mental health in the environment where they live, work, learn and play. People feel OK to get help early and it is clear where to go to and who can help
LEAD	PARTNERS	ACTION
VICPOL		1.1.1 Ensure the use of internal systems to monitor exposure of members to traumatic events providing early intervention to reduce the impacts on mental health.
BBSC	To be identified	1.1.2 Deliver Training for home based support workers - focus on building support workers' resilience in terms of mental health concerns and communication. Access awareness information session through guest speaker at team meetings.
BBSC		1.1.3 Deliver a range of health promoting sessions and materials to employees of BBSC that include information about staying mentally well and encourages intervention if symptoms of mental illness are identified.
1.2 Build resilie		SUCCESS LOOKS LIKE: People do things to improve their mental health
LEAD	PARTNERS	ACTION
QSS		1.2.1 Engage with local mental health organisations ensuring staff are well versed to be able to refer at risk and homeless clients.
WGHG		1.2.2 Assist workplaces in Baw Baw to achieve the mental health benchmarks of the Achievement Program, where applicable
KN		1.2.3 Create a new Facebook page to share information that will educate people on Kurnai culture and identity.
BBSC		1.2.4 Work with communities of people who are at high risk of experiencing shock / stress from an emergency event (heat, flood, fire) to strengthen connections with community and improve access to health information.
CWGPCP		1.2.5 Deliver Trauma-informed Care to Health and Human Services professionals across Baw Baw
BBSC		1.2.6 COUNCIL PLAN ACTION: Investigate opportunities for improving accessibility to Council services for all community members.
GPHN	ACSO	1.2.7 Continued support for family and carers of people misusing substances, information and training for community groups, support services, schools, and other professionals.

1.3 Improve acce opportunities an healthy connecti	d places for ons	SUCCESS LOOKS LIKE: Public spaces and recreation opportunities are welcoming for people of different ages, cultures, genders and abilities
LEAD	PARTNERS	ACTION
BBSC		1.3.1 Investigate becoming a Refugee Welcome Zone.
BBSC	KN RDAC DAC WGRLC VICPOL Others	1.3.2 COUNCIL PLAN ACTION: Develop and deliver activities during National Reconciliation Week (NRW) (May 2018) that offer the whole community opportunities to deepen understanding of issues that currently affect Aboriginal people, and build unity.
BBSC	Volunteers/ community connection access	1.3.3 Investigate the opportunities to commence another Community Shopping Bus program
BBSC		1.3.4 Support eligible residents to transition to the National Disability Insurance Scheme (NDIS)
RDAC	KN, BBSC, WGRLC, DAC, WGHG, VICPOL, Others	1.3.5 Coordinate a program of NAIDOC Week activities that are available for the community to participate in (to be delivered in July 2018). (COUNCIL PLAN ACTION)
BBSC		1.3.6 Deliver the upgrade project to West Gippsland Arts Centre
KN		1.3.7 Encourage non-aboriginal organisations to commit to developing a Reconciliation Action Plan (in line with Recommendation 1, Six Generations of Yarning report)
YMCA		1.3.8 Implement a Buddy Program using current customers/members to support better access for people experiencing mental illness.
BBSC		1.3.9 Progress the Drouin Civic Park Playground upgrade in line with Council direction.
BBSC		1.3.10 Develop a Masterplan for Brooker Park, Warragul
BBSC		1.3.11 COUNCIL PLAN ACTION: Develop a strategy for community hubs and precincts in the municipality.
BBSC		1.3.12 COUNCIL PLAN ACTION: Commence a review of the current Baw Baw Shire Youth Charter

BBSC		1.3.13 COUNCIL PLAN ACTION: Accessibility upgrades at West Gippsland Arts Centre. Community engagement to ensure programmes at WGAC are inviting, inclusive and accessible. Development of concept plans for Youth/Community music making/rehearsal hub. Development of new open space at WGAC as an accessible and inviting shared public space linking to Civic Park spaces and activities.
BBSC	VICPOL QSS	1.3 14 Investigate the development of a policy that supports people who are homeless and are pet owners, and guides responses by Council staff.
1.4 Promote reso services that sup health		SUCCESS LOOKS LIKE: People know at least one resource or service that can help with a mental health concern
LEAD	PARTNERS	ACTION
VICPOL		1.4.1 Ensure & encourage Referrals via VPeR system where appropriate to provide a pathway for assistance with mental health issues.
WGRLC	Wellways mental health, disability and rehabilitation carers.	1.4.2 Deliver information sessions for people experiencing mental illness (or their carers) during Mental Health week that inform the community about resources and services they can access under the NDIS.
BBSC		1.4.3 Update information flyers and promotional materials promoting Council's Aged and Disability Services to be distributed via assessment agencies
YMCA	Beyond Blue	1.4.4 Deliver a free Mental Health forum to the community
QSS		1.4.5 Engage with local mental health organisations ensuring staff are well versed to be able to refer at risk and homeless clients.
BBSC		1.4 6 Investigate options to provide information about mental health services on Council website.
1.5 Promote positive mental health		SUCCESS LOOKS LIKE: People create environments that make it easier to stay mentally well
LEAD	PARTNERS	ACTION
WGHG		1.5.1 Assist Early Learning Centres, Primary and Secondary schools to promote the health of 0-18-year-old children by achieving the mental health benchmarks of the Achievement Program.

1.6 Provide ment	al health services	SUCCESS LOOKS LIKE: People have access to mental health services that meet their needs
LEAD	PARTNERS	ACTION
GPHN	LCHS	1.6.1 Deliver mental health services to young Baw Baw residents through Headspace.
GPHN	LRH GP practices Private providers	1.6.2 Continue to provide mental health services for under serviced groups including suicide prevention, mental health nurses working in general practice and access to psychological therapies.
GPHN	WGHG	1.6.3 Deliver Gippsland Health Pathways programs to a range of health services and providers. Promote the Gippsland Health Pathways website for local Health professional's use.
DET		1.6.4 Deliver the GPs in Schools program

# 2: PREVENTING VIOLENCE AND INJURY

# INDICATOR: Reduce the prevalence and impact of family violence

- Baw Baw Shire Council
- Gippsland Women's Health
- GippSport
- Kurnai Nations
- Quantum Support Services
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

2.1 Build gender equity in organisations and the community		SUCCESS LOOKS LIKE: Organisations and community understand gender equity, and actively improve their environment
LEAD	PARTNERS	ACTION
GWH	Advisory organisations	2.1.1 Provide training and resources to the Advisory Committee
GippSport		2.1.2 Deliver Gender equity training, "Orange Round" at participation planning.
GWH	QSS, VICPOL, GCASA, GippSport, BBSC, DV Vic.	2.1.3 Facilitate a training session/workshop to establish a greater awareness on gender equality and family violence to the organisations and community.
VICPOL		2.1.4 Vic Police continues to enhance gender equity in policing via recruitment at organisational level.
GWH	Advisory organisations	2.1.5 Provide training and resources to the Advisory Committee
SUCCESS LOOKS LIKE: People understand what constitutes family violence, and have information to respond appropriately.		SUCCESS LOOKS LIKE: People understand what constitutes family violence, and have information to respond appropriately.
LEAD	PARTNERS	ACTION
WGRLC		2.2.1 West Gippsland Libraries Inform the community of free access to computers with internet and Wi-Fi.  Make the Link organisation provide information on family violence in within the library.
BBSC	DHHS	2.2.2 BBSC staff implement the new DHHS Client Incident Management System (CIMS)
GWH	Partners	2.2.3 GWH continues to maintain Make the Link Partner agencies share Make the Link content GWH conducts 2 Community of Practice for MATE (bystander program) trainers

GWH	QSS, VICPOL,	2.2.4 Conduct one community event raising community awareness of 16
	GCASA, GippSport BBSC	Days of Activism and White Ribbon Day.
VICPOL		2.2.5 The Introduction of a Baw Baw PSA Family Violence Unit, to work closely with partnering agencies with a focus on recidivist offenders and repeat offenders.
KN	Our Watch Our Issue working group GWH RDAC	2.2.6 Continue to Chair the <i>Inner Gippsland Preventing Family Violence in the Aboriginal Community Working Group</i> , and provide information to the the <i>Baw Baw Our Watch Our Issue</i> Working Group.
Our Watch Our Issue	KN RDAC	2.2.7 Work with the Aboriginal Community to offer Bystander Training.
GWH	Partners	2.2.8 GWH continues to maintain Make the Link Partner agencies share Make the Link content GWH conducts 2 Community of Practice for MATE (bystander program) trainers
	he implementation Standards in s and the	SUCCESS LOOKS LIKE: Organisations and the community understand the Child Safe Standards and make changes to their environments to meet the standards.
LEAD	PARTNERS	ACTION
BBSC		2.3.1 Implementation of the BBSC Child Safe Standards Action Plan
BBSC		2.3.2 Refresher training for all Council volunteers and updated Volunteer Handbook information outlining Child Safety Standards
BBSC		2.3.3 All of Council's Community Transport volunteers to obtain a Working With Children Check
GippSport		2.3.4 Support sporting clubs to improve their response to the child safe training, by delivering training, and support to develop policy with participating clubs.
WGRLC		2.3.5 The incorporation of the seven Victorian Child safety standards throughout the organisation.
BBSC		2.3.6 Deliver Child Safe Standards training to WGAC staff.
BBSC		2.3.7 Develop partnerships with WGAC community user groups to offer training in Child Safety Standards.

2.4 Build capacit requirements of Conduct Scheme	the Reportable	SUCCESS LOOKS LIKE: Organisations and the community understand the Reportable Conduct Scheme and make changes to their environments to be compliant.
LEAD	PARTNERS	ACTION
BBSC		2.4.1 Investigate opportunities to support the wider community in meeting the requirements of the Reportable Conduct Scheme.
2.5 Build capacit violence and inju		SUCCESS LOOKS LIKE: People and organisations have more knowledge about what protects people from violence and injury, and what can increase the risks. People and organisations have the skills to increase protections and reduce risks.
LEAD	PARTNERS	ACTION
WGHG		2.5.1 Assist West Gippsland Healthcare Group to become a health literate organisation, that prevents injury and improves health outcomes among patients of all age groups in Baw Baw.
WGHG		2.5.2 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the safe environments benchmarks of the Achievement Program.

# 3: HEALTHY EATING AND ACTIVE LIVING

# INDICATOR: Increase healthy eating and active living

- Baw Baw Shire Council
- Baw Baw Food Movement
- Central West Gippsland Primary Care Partnership
- Food Relief Network
- Ramahyuck District Aboriginal Corporation
- Secondbite
- West Gippsland Healthcare Group
- West Gippsland Libraries

3.1 Reduce	the consumption of	SUCCESS LOOKS LIKE: The environment makes it easy for people to access
sugary drin		and choose drinks that are not sugary.
LEAD	PARTNERS	ACTION
BBSC	GippSport	3.1.1 Participate in Baw Baw H3O and direct support and promotion to local sports clubs. VicHealth water Nudge initiatives
RDAC		3.1.2 Promote the Rethink Your Sugary Drink campaign to people in Baw Baw #DrinkWaterUMob
BBSC	WGHG	3.1.3 Promote the H30 Challenge to encourage Baw Baw residents across all age groups to switch from sugary sweetened beverages to water.
	e the consumption of I nutritious food.	SUCCESS LOOKS LIKE: The environment makes it easy for people to learn about, access and choose healthy food options.
LEAD	PARTNERS	ACTION
BBSC	CWGPCP	3.2.1 COUNCIL PLAN ACTION: Continue to work with the Central West Gippsland Primary Care Partnership to support food security in Baw Baw Shire
BBSC		3.2.2 Volunteer market bus to commence from Sept - March after successful pilot in 2016/2017.
YMCA		3.2.3 Conduct Nutrition Session by a trained nutritionist at the Warragul Leisure Centre
CWGPCP BBFM EFRN		3.2.4 Support and strengthen community driven food initiatives to increase consumption of healthy and nutritious foods
CWGPCP EFRN		3.2.5 Provide access to healthy and nutritious food for residents of Baw Baw who may be at risk of food insecurity
WGHG CWGPCP BBFM		3.2.6 Support initiatives which increase skills and knowledge around healthy eating, growing, purchasing and preparing healthy food
BBSC	CWGPCP	3.2.7 Incorporate food sensitive principles into Baw Baw Shire Council Planning and policy projects

CWGPCP	3.2.8 Explore opportunities to include healthy catering and healthy eating options into the scoring system for the 2018 community grants process
	SUCCESS LOOKS LIKE: More people and growers are interested in sustainable food production and food waste practices. People and growers have ways to build their knowledge and skills. People can get a good variety of locally grown food and can use places in their neighbourhood to grow food. People and growers choose to dispose of food waste responsibly.
PARTNERS	ACTION
	3.3.1 Support and strengthen community led initiatives that help build a local food supply that uses sustainable farming, gardening and food production practices
	3.3.2 Support the development and maintenance of edible landscapes and urban agriculture sites across Baw Baw
BBFM	3.3.3 Develop the edible and sensory garden project at West Gippsland Arts Centre in partnership with local community and organisations
	3.3.4 Promote and stimulate the uptake of the compost rebate scheme to support home composting.
ailers with each	SUCCESS LOOKS LIKE: People can get a good variety of locally grown fresh food.
PARTNERS	ACTION
	3.4.1 Support initiatives that connect food producers, suppliers and retailers with each other and the Baw Baw Community
CWGPCP	3.4.2 Explore opportunities to promote locally grown and made food into 'Buy Local' (or similar) campaign.
at increases the ty and demand	SUCCESS LOOKS LIKE: Food suppliers are confident that they can sell their products, and that there are skilled workers for their industry. People want to buy from local food suppliers and they have a convenient way to do this.
	al food system hable practices  PARTNERS  BBFM  producers, ailers with each aw residents.  PARTNERS

CWGPCP BBFM BBFM BBSC       3.5.1 Support and strengthen community driven food initiatives which develop a local economy that increases supply, availability and demand for locally produced food.         BBSC       CWGPCP       3.5.2 Explore opportunities for promote farm gate sales and farm gate sale guidelines         BBSC       CWGPCP       3.5.3 Explore opportunities to promote Baw Baw as a food tourism destination         3.6 Improve access to active living programs, sport and active recreation, and community infrastructure.         LEAD       PARTNERS       ACTION         BBSC       3.6.1 Participate in Latrobe Valley Authority Projects and Outreach Project to attract opportunities that benefit Baw Baw people and communities.         WGRLC       3.6.2 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Stress management, Yoga, Introduction to gardening and other active living programs.         BBSC       WGHG       3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.         BBSC       3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw         BBSC       3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.         BBSC       3.6.6 Implement the Warragul CBD Streetscape Project         BBSC       3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin			
BBSC CWGPCP 3.5.3 Explore opportunities to promote Baw Baw as a food tourism destination  SUCCESS LOOKS LIKE: It is easy for people with diverse needs to use community infrastructure and participate in active living programs, sport and active recreation, and community infrastructure and participate in active living programs, sport and active recreation.  BBSC ACTION  BBSC 3.6.1 Participate in Latrobe Valley Authority Projects and Outreach Project to attract opportunities that benefit Baw Baw people and communities.  WGRLC 3.6.2 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other active living programs.  BBSC WGHG 3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.  BBSC 3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw  BBSC 3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.  BBSC 3.6.6 Implement the Warragul CBD Streetscape Project  BBSC 3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC 3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBFM		a local economy that increases supply, availability and demand for locally
3.6 Improve access to active living programs, sport and active recreation, and community infrastructure and participate in active living programs, sport and active recreation.  LEAD PARTNERS ACTION  BBSC 3.6.1 Participate in Latrobe Valley Authority Projects and Outreach Project to attract opportunities that benefit Baw Baw people and communities.  WGRLC 3.6.2 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other active living programs.  BBSC WGHG 3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.  BBSC 3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw  BBSC 3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.  BBSC 3.6.6 Implement the Warragul CBD Streetscape Project  BBSC 3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC 3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBSC	CWGPCP	
living programs, sport and active recreation, and community infrastructure.         community infrastructure and participate in active living programs, sport and active recreation.           LEAD         PARTNERS         ACTION           BBSC         3.6.1 Participate in Latrobe Valley Authority Projects and Outreach Project to attract opportunities that benefit Baw Baw people and communities.           WGRLC         3.6.2 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other active living programs.           BBSC         WGHG         3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.           BBSC         3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw           BBSC         3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.           BBSC         3.6.6 Implement the Warragul CBD Streetscape Project           BBSC         VicRoads         3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.           BBSC         3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBSC	CWGPCP	3.5.3 Explore opportunities to promote Baw Baw as a food tourism destination
BBSC  3.6.1 Participate in Latrobe Valley Authority Projects and Outreach Project to attract opportunities that benefit Baw Baw people and communities.  3.6.2 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other active living programs.  BBSC  WGHG  3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.  BBSC  3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw  BBSC  3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.  BBSC  3.6.6 Implement the Warragul CBD Streetscape Project  WicRoads  3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	living programs, recreation, and o	sport and active	community infrastructure and participate in active living programs, sport and
attract opportunities that benefit Baw Baw people and communities.  3.6.2 Promote community usage of 'Universal Classes' Data Base and course registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other active living programs.  BBSC  WGHG  3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.  BBSC  3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw  BBSC  3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.  BBSC  3.6.6 Implement the Warragul CBD Streetscape Project  WicRoads  3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	LEAD	PARTNERS	ACTION
registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other active living programs.  BBSC  WGHG  3.6.3 Assist primary schools to promote active travel among 6-12-year-old children by participating in Walk to School month.  3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw  BBSC  3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.  3.6.6 Implement the Warragul CBD Streetscape Project  BBSC  VicRoads  3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBSC		
children by participating in Walk to School month.  3.6.4 Construct priority pathways and crossings to increase walking and cycling safety in Baw Baw  BBSC  3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.  3.6.6 Implement the Warragul CBD Streetscape Project  WicRoads  3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	WGRLC		registration. Courses include Child hood obesity, Nutrition, Weight Loss management, Stress management, Yoga, Introduction to gardening and other
BBSC  3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.  3.6.6 Implement the Warragul CBD Streetscape Project  WicRoads  3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBSC	WGHG	
BBSC  3.6.6 Implement the Warragul CBD Streetscape Project  3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBSC		
BBSC  VicRoads  3.6.7 Deliver the funded project to install pedestrian signals at existing crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  BBSC  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBSC		3.6.5 Complete Accessibility upgrades at West Gippsland Arts Centre.
crossing on Princes Way, Drouin to improve pedestrian access between Drouin Library and Drouin Primary School and Early Years Centre.  3.6.8 Continue to implement the Drouin Civic Park and Warragul Civic Park	BBSC		3.6.6 Implement the Warragul CBD Streetscape Project
i	BBSC	VicRoads	crossing on Princes Way, Drouin to improve pedestrian access between
	BBSC		

BBSC		3.6.9 Deliver workshops to Section 86 Committees of Management that build capacity to improve accessibility.
BBSC		3.6.10 Adopt the Road Safety Strategy 2017-2022 and undertake Year 1 actions.
BBSC		3.6.11 COUNCIL PLAN ACTION: Develop a Recreation Strategy 2017-27
WGHG		3.6.12 Support existing Heart Foundation walking groups across Baw Baw and implement new Heart Foundation walking groups on request to promote the health of Baw Baw residents across all age groups.
BBSC		3.6.13 Identify opportunities to promote community health literacy in accordance with the Health Literacy Quality Improvement Action Plan (Stage 1)
Second Bite & Longwarry Lions Club	QSS	3.6.14 Engage with vulnerable and disadvantaged individuals and families to ensure connections with Community lunches
BBSC		3.6.15 Supporting Council's clients, and maintaining existing services, during their transition into the National Disability Insurance Scheme (NDIS).
BBSC		3.6.16 Recruit an officer to support Council's clients during their transition to the NDIS, to identify and transition to alternative NDIS providers.
BBSC		3.6.17 Identify opportunities to improve access to Council's aged and disability services by undertaking a self-assessment of Council's aged and disability services using the Gay, Lesbian Health Victoria (GLHV) audit tool
3.7 Build people' healthy and be m where we live, le play through hea education and po	nore active arn, work and llthy design,	SUCCESS LOOKS LIKE: The environment makes it easy for people to behave in healthy ways. People act to encourage healthy eating and being active in their own environments, and for the people around them.
LEAD	PARTNERS	ACTION
WGHG		3.7.1 Assist workplaces in Baw Baw to achieve the physical activity and healthy eating benchmarks of the Achievement Program, if applicable
WGHG		3.7.2 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the healthy eating and oral health and

	physical activity benchmarks of the Achievement Program.
BBSC	3.7.3 Identify and implement improvements to Council's aged care services, to build capacity in the services and make them more person centred in accordance with Council's Active Service Model (ASM) implementation plan (to be developed December 2017)
BBSC	3.7.4 Install public seating where customer requests have suggested, and/or where masterplans indicate.

# 4: REDUCING HARM FROM GAMBLING, TOBACCO, ALCOHOL AND OTHER DRUGS

# INDICATOR: Reduce harmful alcohol and drug use.

#### LEADING AGENCIES

- Baw Baw Shire Council
- Berry Street
- GippSport
- Gippsland Primary Health Network
- Latrobe Community Health

## Services

- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES: How we will tackle it?				
4.1 Build the capacity of people and organisations to reduce harm from gambling.		SUCCESS LOOKS LIKE: People are supported to gamble responsibly, and feel that their environment helps them to avoid harm from gambling.		
LEAD	PARTNERS	ACTION		
LCHS		4.1.1 Engage with GPs, EGM venues, secondary schools, youth based organisations, local government, community agencies and sporting clubs to educate and provide resources that help to prevent harm from gambling.		
LCHS		4.1.2 Encourage responsible gambling environments and practises with EGM Venues, secondary schools, youth based organisations, local government, community agencies, aboriginal communities and sporting clubs.		
LCHS		4.1.3 Encourage responsible gambling environments and practises with EGM Venues, secondary schools, youth based organisations, local government, community agencies, aboriginal communities and sporting clubs.		
LCHS		4.1.4 Improve awareness of the support services available for people experiencing gambling related harm.		
LCHS- Gambler's Help		4.1.5 Implement gambling-prevention initiatives in schools, sporting clubs and venues.		
4.2 Support smoke-free living		SUCCESS LOOKS LIKE: People breathe smoke-free air in public places where children live and play, and where people dine. Workplaces have policies that support workers who smoke to reduce or quit, and protects the air quality for non-smokers.		
LEAD	PARTNERS	ACTION		
BBSC		4.2.1 Dining areas that have been legally defined as smoke-free have been identified with appropriate signage.		
BBSC		4.2.2 Undertake the Public Health Inspection Program as contracted by MAV and DHHS to comply with legislative requirements, and submit any associated reports.		
WGHG		4.2.3 Assist workplaces in Baw Baw to achieve smoking benchmarks of the Achievement Program if applicable		

WGRLC		4.2.4 Promote community usage of 'Universal Classes' Data Base and course registration in How to quit smoking.
WGHG		4.2.5 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the tobacco control benchmarks of the Achievement Program.
4.3 Build capacity in the safe use of alcohol where people live, learn work and socialise.		SUCCESS LOOKS LIKE: People are supported to use alcohol safely, and feel that their setting helps them to choose non-alcoholic drinks or use alcohol in safer amounts.
LEAD	PARTNERS	ACTION
VICPOL		4.3.1 Ensure & encourage Referrals via 'VPeR' system where appropriate to provide a pathway for assistance for people with alcohol issues.
VICPOL		4.3.2 Continue to encourage and Support the Baw Baw Liquor Accord to ensure responsible service of alcohol in social environments.
WGHG		4.3.3 Assist workplaces in Baw Baw to achieve the alcohol benchmarks of the Achievement Program if applicable
Heathy Baw Baw Advisory Committee	Berry Street Other partners, as applicable	4.3.4 Investigate the Communities that Care project.
GippSport		4.3.5 Implement Goodsports accreditation program for sporting clubs- ADF
QSS		4.3.6 Engage with local AOD organisations ensuring staff are well versed to be able to refer at risk and homeless clients.
4.4 Build capacity in the safe use of licit and illicit drug use where people live, learn, work and socialise.		SUCCESS LOOKS LIKE: People understand how to use legal drugs safely, and feel that their environment supports them to avoid using illicit drugs.
LEAD	PARTNERS	ACTION
GippSport		4.4.1 Support the ICE Forums (if funded)
GPHN	LCHS	4.4.2 Support for schools and community organisations to talk about substance misuse, and support for young people to address their substance misuse

GPHN	WGHG	4.4.3 Continue to localise and add information to Gippsland Health Pathways website to better assist GPs in the management of chronic disease and complex conditions, including prevention.
WGHG		4.4.4 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the alcohol and other drugs benchmarks of the Achievement Program.

## 5: LEADERSHIP FOR A HEALTHY BAW BAW

# INDICATOR: Strengthen partnerships.

- Baw Baw Shire Council
- Central West Gippsland Primary Care Partnership
- Department of Health and Human Services
- GippSport
- Gippsland Primary Health Network
- Gippsland Women's Health
- Kurnai Nations
- Latrobe Community Health Services
- Quantum Support Services
- Ramahyuck District Aboriginal Corporation
- West Gippsland Healthcare Group
- West Gippsland Libraries
- Victoria Police

STRATEGIES: How we will tackle it?				
5.1 Maintain or improve the provision of public health services and infrastructure.		SUCCESS LOOKS LIKE: People are confident that the food and water they consume, and their environment supports good health. People will have the same or better access to services and infrastructure that protects public health.		
LEAD	PARTNERS	ACTION		
BBSC	GWH	5.1.1 Complete the Condom Vending Machine pilot project and deliver the evaluation report to partners.		
BBSC		5.1.2 Undertake all scheduled food-related inspections within the time period.		
BBSC		5.1.3 Undertake to complete all scheduled food-related sampling within the time period.		
BBSC		5.1.4 Deliver two Food Hygiene public presentations to Baw Baw audiences		
BBSC		5.1.5 Investigate and report on any food-borne outbreak or reported illness within the appropriate timeframe.		
BBSC		5.1.6 Deliver the accommodation inspection program, and investigate unregistered premises.		
BBSC		5.1.7 Manage waste water and public water environments		
BBSC		5.1.8 Resolve customer service requests that relate to environment (noise, asbestos, litter, hazardous substances, sharps).		
5.2 Secure funding for projects that support the objectives of the Baw Baw Public Health and Wellbeing Plan 2017-21		SUCCESS LOOKS LIKE: Organisations in Baw Baw successfully apply for funds that deliver projects that promote public health.		
LEAD	PARTNERS	ACTION		
BBSC		5.2.1 Seek funding to support projects that improve community infrastructure that provides opportunities for active recreation.		

5.3 Encourage leadership for prevention in health.		SUCCESS LOOKS LIKE: The committees, working groups and community work together for better health outcomes in Baw Baw.
LEAD	PARTNERS	ACTION
BBSC		5.2.1 Connect working groups with organisations and industries who can advise on local need and can co-design responses.
BBSC		5.2.2 Improve communications between working groups and committee to increase opportunities for collaboration.
CWGPCP	BBSC BBFM ERFN	5.2.3 Facilitate the Baw Baw Food Security Coalition and its three working groups
BBSC		5.2.4 Convene at least two internal network meeting of officers who support the Advisory Committees of Council.
WGHG		5.2.5 Assist ELCs, primary and secondary schools to promote the health of 0-18-year-old children by achieving the sexual health and wellbeing, and sun protection benchmarks of the Achievement Program.
WGHG		5.2.6 Investigate undertaking systems mapping projects on identified health priorities within the community.
5.4 Raise awareness of priority health prevention messages.		SUCCESS LOOKS LIKE: The community and organisations in Baw Baw receive clear and consistent messages that protect, promote and improve health, and align with the objectives of this Plan and the Achievement Program.
LEAD	PARTNERS	ACTION
ALL PARTNERS		5.4.1 Identify and participate in events and campaigns that raise awareness of health promotion messages.
BBSC		5.4.2 Communicate regularly with the public about health and wellbeing achievements using available media channels.